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# Winter brings driving safety concerns

*Modify safe driving habits to fit changing conditions*

By

Tech. Sgt. Carrie Bernard  
62nd Airlift Wing Public Affairs

Cold temperatures and several inches of snow greeted McChord Airmen this week as they made their way back from the long holiday weekend.

While there may not have been enough flurries to officially break out snow shovels, temperatures with highs in the upper-20s to mid-30s made for icy roads and hazardous driving conditions.

"Driving on snow is obviously dangerous and people tend to slow down for that," said Joy Fowlkes, 62nd Airlift Wing Safety Office. "Slush and freezing temperatures are a little different — people forget that slush is melting, wet ice; it can compact, making the road surface slick."

In addition, cold weather can also lead to "black ice," said Ms. Fowlkes. This road condition causes the pavement to look dry; however it's actually coated with a thin sheet of ice.

"Driving when black ice is on the roads is even more dangerous because people don't expect it," she said.

To ensure people reach their destinations in one piece, normal safe driving habits should be modified to allow for changing road conditions.

"Foresight is the key to winter driving," said Ms. Fowlkes. "Leave early or call in to let people know you're going to be late — whether it's coming to work or going home. Be prepared for any winter driving condition."

To give people additional time to safely traverse the roads, wing leadership may also issue a delayed reporting time or base closure based on extremely hazardous road conditions.



Tech. Sgt. David Collett, 62nd Airlift Wing Safety, brushes snow off a vehicle Tuesday outside Bldg. 100. The wing safety office reminds people to take any precautions necessary to ensure safe driving in cold weather.

"During bad weather conditions, our first concern is the welfare of our Airmen. Our mission is important, but we can't complete it unless our McChord team members drive carefully and arrive safely at work," said Col. Shane Hershman, 62nd Airlift Wing vice commander. "Airmen and civilian personnel need to work with their chain of command to ensure they understand what to do in the event of a base weather-related delay or closure. When in doubt about delayed reporting times, contact your direct supervisor."

Finally, while planning for winter driving, people also should make sure vehicles are ready for the chilly temperatures.

"People need to ensure all safety devices work,"

said Ms. Fowlkes. "It may seem simple, but with winter rolling in as quickly as it did here, some people still haven't acted to winterize their vehicles."

From making sure heaters and defrosters work, to having fresh antifreeze installed and tires that aren't losing tread, taking preventive action can serve as a good defense against extreme cold-weather conditions.

"Even topping up the gas tank when we know bad weather is coming helps," said Ms. Fowlkes. "Using non-freezing windshield washer fluid is also a plus."

For more information on safe winter driving, visit the Washington State Department of Transportation at <http://www.wsdot.wa.gov/winter/>.

## Combined Federal Campaign scheduled to end soon

By

Tyler Hemstreet  
Staff writer

Airmen wanting to donate to the Combined Federal Campaign have a few more days to do so before the campaign ends.

The last day to accept pledges is Dec. 15, said CFC loaned executive Master Sgt. David Cunningham, 62nd Aircraft Maintenance Squadron.

McChord so far has raised more than \$125,000 for the campaign, Sergeant Cunningham said.

That number is expected to grow, due to the fact that some squadrons returning from deployments have not had the

opportunity to enroll in the program yet, said Captain Jeff Brittain, 62nd Medical Group, who runs the wing campaign.

"There's still time to make additional donations," Captain Brittain said. "If you change your mind and decide that this is the year to give, then now is the time."

Fundraising events at the commissary, BX and bowling alley have also contributed to the total number of funds raised.

"A lot of that money has stayed locally," he said.

By logging onto the CFC website, visitors can search charities both locally and internationally. Visitors may also type in a keyword to find a charity that relates to their interests or concerns.

Last year, the campaign raised \$1,295,367, of which \$383,343 was designated to local organizations in the Puget Sound region. Federal employees at McChord raised \$169,882.

Those who chose to participate in the campaign may chose to donate a lump sum by cash or check or have the donation automatically deducted from their paycheck each month for a year, with \$2 per month being the minimum deduction.

Online enrollment in the program isn't available because participants must sign an authorization sheet in person to have the donation deducted from their paycheck. For more information on the Combined Federal Campaign, visit [www.cfcgive.org](http://www.cfcgive.org).



**PARKS**

**Congratulations to Senior Master Sgt. Kevin Parks, 62nd Maintenance Group, on his selection to the rank of chief master sergeant.**

### Weekend Weather

FRIDAY	SATURDAY	SUNDAY
Hi: 41 Low: 25	Hi: 41 Low: 27	Hi: 42 Low: 27

Forecast generated at 7 a.m. Wednesday  
Courtesy of the 62nd Operations Support Squadron

### Mission accomplished

Total McChord sorties .....	17,545
Total flying hours .....	54,885.5
Cargo moved (tons) .....	140,985.7
Departure reliability rate .....	94.8%
Mission capable rate .....	84.8%
Personnel currently deployed .....	739
Reservists currently activated.....	302
(Jan. 1 to Tuesday. Numbers updated Tuesday.)	

### Don't miss it ... Tree Lighting ceremony

McChord's annual tree lighting ceremony will be at 5 p.m. Dec. 8 at the base chapel support center.

# Here come the holidays ... and snow

*Please enjoy holiday season with friends, family safely*

By

**Col. Shane Hershman**  
62nd Airlift Wing vice commander

Welcome back Team McChord! We celebrated another great Thanksgiving last week and whether you spent the holiday on base, in the area, or in another part of the country, I hope your Thanksgiving was as good as mine.

As we move into the holiday season, now is the perfect time to use some leave and enjoy the opportunities this great area has to offer. However, we can never forget to keep safety in mind.

With holiday parties approaching, ensure you have a plan when you know you'll be drinking. You should never get behind the wheel if you've had a few drinks and you should always have a designated driver if you know you're going to drink. If you see a fellow Airman trying to drive after drinking, stop them and offer a ride.

Driving drunk is unacceptable and also puts yourself and others needlessly at risk.

We all must take responsibility to control our consumption of alcohol and look out for each other.

Another serious topic that we face during this season is hazardous winter weather. With temperatures dipping below freezing at night, the opportunity exists for black ice and other perilous road conditions.

When the roads become too dangerous for personnel to drive in safely, the wing will initiate delayed reporting to allow everyone extra time to get to work while road crews have more time to treat the roads. Ensure your recall rosters are up to date so supervisors have a way to contact everyone.

Don't forget that you can also call the Straight Talk Line at 982-TALK for the latest information about closures and delayed reporting instructions. Public Affairs will also share this information with local radio and television stations.

However, keep in mind that these tools are not meant to replace unit or squadron procedures. Ensure you know your unit's procedures during weather-related delays or closures.

I hope everyone takes some extra time this season with friends and family, because you all deserve it. At the same time, please keep safety your top priority during the holidays, and remind others that we can't let up now.

“As we move into the holiday season, now is the perfect time to use some leave and enjoy the opportunities this great area has to offer.”

**Col. Shane Hershman**  
62nd Airlift Wing vice commander



# Seeking problems is first step to solving them

*“Leadership is about constantly moving forward, not sitting passively while turning a blind eye to what’s happening around you.”*



**Chief Master Sgt. Russell Kuck**  
62nd Airlift Wing command chief

By

**Chief Master Sgt. Russell Kuck**  
62nd Airlift Wing command chief master sergeant

People who know me, know I am a problem solver.

That doesn't mean that I have the answer to everything. It means that I know what resources are available to overcome most issues negatively impacting our Airmen, as well as how the Air Force system works.

It also means that I actively employ these tools on a daily basis.

It's a duty I enjoy and one that I take very seriously. In fact, I spend a good deal of my time asking our Airmen how things are going, and listening as they express frustration.

What I often find disheartening is that typically the issues and questions these Airmen have are ones that their supervisor, or a knowledgeable NCO in their unit, should have addressed earlier.

As a supervisor or NCO, it's imperative that you are constantly communicating with those who look to you for leadership — gathering

and validating their concerns.

General Patton once said that we can never get anything across unless we talk the language of the people we are trying to instruct. This can be facilitated through open communication and by putting yourself in your Airmen's shoes when addressing their issues and concerns.

Also, you have to ensure you create an atmosphere that encourages communication. It's easy to say you have an open door policy, but if you're always too busy to listen, or you let your own internal biases taint every conversation, you might as well just keep your door closed.

Leadership is about constantly moving forward, not sitting passively by while turning a blind eye to what's happening around you. Don't wait for your Airmen to seek out a problem solver — find out what's on their minds now.

By keeping the lines of communication open you'll create an atmosphere of trust, teamwork and support.

There's no magic to being a problem solver ... the resources are there; you just have to have the desire and drive to help. Hooah!

## Ask the Vice Commander

**E-mail [ActionLine@mcchord.af.mil](mailto:ActionLine@mcchord.af.mil) or call 982-2222**

## Vice Commander's Action Line

*The Vice Commander's Action Line provides a direct link of communication between you and me, with the goal of building a better community. Your concerns, questions and ideas are highly valued and are key in enhancing Team McChord's mission and community. I encourage you to give the professionals here, together with your chain of command, the opportunity to address your concerns directly.*

*However, questions that come through the Action Line have my personal attention. Please be sure to leave your name and phone number, so we can follow up with you. Comments and questions that apply to a large base audience will be published in the base newspaper.*

**Col. Shane Hershman**  
62nd Airlift Wing vice commander

**Q: I was wondering if the passenger terminal can be relocated.**

**A:** We have found that the present location of our passenger terminal is ideally situated for our operational needs. Its close proximity to aircraft parking spots facilitates passenger and baggage loading, with minimum transit time to each main parking apron.

It is also worth mentioning that while the passenger terminal supports a modest amount of Space-A travelers per month, our biggest customer is the Army. Hundreds of soldiers from Fort Lewis units depart from or return to McChord on any given day. They process through a troop holding facility adjacent to the terminal, which again facilitates the support provided by our passenger representatives.

Also located directly next to the terminal is the local USO, providing a number of amenities enjoyed by both duty and Space-A traveler alike.

As you can see, our passenger terminal area was designed with maximum efficiency in mind, allowing the Airmen working there to provide the best customer service possible. Thanks for your question.

### EDITORIAL STAFF

**62nd AW commander:** Col. Jerry Martinez  
**Chief, Public Affairs:** Capt. Greg Hignite  
**NCOIC, Public Affairs:** Tech. Sgt. Carrie Bernard  
**Editor:** Staff Sgt. Minnette Fontanilla  
**Staff writer:** Tyler Hemstreet  
**62nd Services Squadron contributor:** Patti Jeffrey  
**Photographer:** Abner Guzman  
**Graphic artist:** Angela Jossy

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### CONTACT NUMBERS

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#### Mailing Address:

62nd AW/PAI  
100 Col. Joe Jackson Blvd., Suite 1077  
McChord AFB, Wash. 98438

**Phone:** (253) 982-5637 **Fax:** (253) 982-5025 or  
**E-mail:** [northwestairlifter@mcchord.af.mil](mailto:northwestairlifter@mcchord.af.mil)

# Innovation sustains capability

By

Col. Damon Booth

62nd Operations Group commander

In order to recapitalize our fighter and tanker forces and live within the financial resources allotted to the Air Force, over the next three years the Air Force will downsize our force strength by 44,000 personnel. At the same time, we will be expected by our nation to maintain the world's best Air Force and maintain our combat capabilities. How will we do that? By applying innovation to find better ways to do our business.

One tool we can use to focus our efforts is the Air Force Smart Operations for the 21st century initiative. AFISO21 is not a program developed to reduce manpower. In fact, quite the contrary is true. AFISO21 is a tool we must use to make sure our Air Force is as strong and as capable in three years as it is today after we lose 44,000 Airmen. Bottomline: AFISO21 principles are designed for us to find ways to work smarter, not harder.

There is an old adage that says "necessity is the mother of invention." We as members of Team McChord have a need to use innovation to invent smarter ways of providing combat airlift for America. The need for combat Airmen and combat airlift will still be here in three years so we must invent smarter ways to deliver this capability. Every Airman must look at their work center processes to identify and eliminate waste to make their work more efficient. The synergy of combining more efficient processes across squadron

and group functional boundaries will make the wing's mission more efficient. More efficient processes, when tied together with other processes, will allow us to provide more capabilities with less people and still maintain a great quality of life.

Leadership's role in this AFISO21 initiative is to remove obstacles to implement new innovative procedures put forth by those who deliver the great work of this wing every day. I pledge my commitment to remove obstacles to make our processes more efficient as we all work together to find better ways to do our nation's business.

We are off to a good start here at McChord. Thanks to the innovation of a team from the 62nd Mission Support Group, 62nd Maintenance Group, and the 62nd Operations Group that recently met to develop some possible solutions to reduce the down time between flights of our locally assigned C-17s. When implemented, this new aircraft regeneration process will reduce ground times by 35 percent while using 40 percent less man-hours on the aircraft regeneration team. We have some new equipment to buy and some processes to change in order to capitalize on the innovation this team produced.

I look forward to working with my fellow Team McChord teammates on more AFISO21 initiatives. Together, using AFISO21 principles, we will keep Team McChord a high tempo Combat Airlift and Combat Airmen producing base. Keep those innovative ideas coming. We need them.



## Combat Airlifter

of the week

**Staff Sgt. Sunshine Pille**

62nd Medical Operations Squadron

**Duty title:**

Medical service craftsman

**Duty Section:**

Flight Medicine Clinic

**Hometown:**

Hansville, Wash.



**What makes her so great?**

Sergeant Pille is the backbone of McChord's Personnel Reliability Program. From certifications to training to inspections, she coordinates the work of medical technicians, flight surgeons, squadron representatives and wing agencies to ensure a near-perfect program. After scrutinizing her program, inspectors recently coined her during a recent wing Nuclear Staff Assistance Visit as a "Noteworthy Performer." Her work on the base Exercise Evaluations Team, which includes medical moulage, brings valuable input and realism to wing exercises. During her off-duty time, Sergeant Pille enjoys spending family time with her two sons, Brian and Emil.

**Do you have a story idea?**

Spread the news in *The Northwest Airlifter*! E-mail us at [northwestairlifter@mcchord.af.mil](mailto:northwestairlifter@mcchord.af.mil)

# AROUND THE WORLD



Courtesy photos

**SOUTHWEST ASIA** — Senior Master Sgt. Dave Fish, 386th Expeditionary Operations Support Squadron first sergeant, serves Thanksgiving meals to deployed troops Nov. 23 at his deployed location. Sergeant Fish is deployed from the 62nd Aerial Port Squadron.



**SOUTHWEST ASIA** — From left, Tech. Sgt. Timothy Nemethy and Senior Airman Glen Trowbridge, both with the 8th Expeditionary Aircraft Maintenance Squadron, perform maintenance on an aircraft recently. Sergeant Nemethy is deployed from the 62nd Aircraft Maintenance Squadron, and Airman Trowbridge is deployed from the 446th Aircraft Maintenance Squadron.



# International leaders gather for NATO Riga Summit

*President Bush highlights allies' contributions in Iraq*

By

Jim Garamone  
American Forces Press Service

WASHINGTON — NATO allies are making enormous contributions to freedom in Iraq, and U.S. forces won't leave until the mission is complete, President George W. Bush said Wednesday in Riga, Latvia.

"The battles in Iraq and Afghanistan are part of a struggle between moderation and extremism that is unfolding across the broader Middle East," President Bush told NATO leaders at a summit in the Baltic capital.

"At this moment, a dozen NATO allies, including every one of the Baltic nations, are contributing forces to the coalition in Iraq," President Bush said during a speech at Latvia University. "And 18 NATO countries plus Ukraine are contributing forces to the NATO training mission that is helping develop the next generation of leaders for the Iraqi security forces."

NATO trainers have instructed nearly 3,000 Iraqi personnel, including nearly 2,000 officers and civilian defense officials in Iraq. NATO also has trained more than 800 Iraqis at military schools outside the Middle East.

NATO countries have contributed \$128 million in military equipment. Hungary has given the Iraqi military 77 T-72 main battle tanks, which make up the backbone of Iraq's 9th Division, based in Taji. "By helping to equip the Iraqi security forces and training the next group of Iraqi military leaders, NATO is helping the Iraqi people in the difficult work of securing their country and their freedom," Bush said.

After the NATO summit, Bush will travel to Jordan for meetings with Iraqi Prime Minister Nouri al-Maliki. "We will discuss the situation on the ground in his country, our ongoing efforts to transfer more responsibility to the Iraqi security forces, and the responsibility of other nations in the region to support the security and stability of



**RIGA, Latvia — North Atlantic Treaty Organization Secretary General, Jaap de Hoop Scheffer and the President of Latvia Vaira Vikeie-Freiberga are briefed aboard the C-17 aircraft by aircraft commander Lt. Col. Ted Detwiler during a display of C-17 airlift capability Monday in Riga. Colonel Detwiler is the 62nd Operations Support Squadron commander. The ceremony, a day prior to the meeting of NATO Heads of State and Government in the Latvian capital, showcases a joint initiative by 15 NATO member countries and Partner country Sweden to purchase C-17 transport aircraft, in order to provide strategic airlift capability for NATO and other missions.**

Iraq," Bush said. "We will continue to be flexible, and we'll make the changes necessary to succeed."

Bush said terrorists adhere to an ideology that rejects fundamental freedoms and opposes rights for women. "Their goal is to overthrow governments and to impose their totalitarian rule on millions," he said. "They have a strategy to achieve these aims. They seek to convince America and our allies that we cannot defeat them and that our only hope is to withdraw and abandon an entire region to their domination."

The war on terror is not a simple military conflict, Bush said, but "the decisive ideological struggle of the 21st century."

"And in this struggle," he added, "we can accept nothing less than victory for our

children and our grandchildren."

Loss in the Middle East would encourage violent Islamic radicalism elsewhere. If terrorists gained control of Middle Eastern states, they would "use oil resources to fuel their radical agenda and to punish industrialized nations."

Bush said terrorists would pursue weapons of mass destruction and then use them to blackmail the free world.

"Our alliance has a responsibility to act. We must lift up and support the moderates and reformers who are working for change across the broader Middle East. We must bring hope to millions by strengthening young democracies from Kabul to Baghdad to Beirut, and we must advance freedom as the great alternative to tyranny and terror," he said.

## Injectable flu shots now available at McChord

By

Tyler Hemstreet  
Staff writer

Injectable influenza vaccines are now available for all active duty, retirees and their beneficiaries at McChord's medical clinic.

The "Flu Mist" vaccine, which is given down the back of the nose and had been provided to the active duty only, continues to be available to those who meet the appropriate criteria.

"Immunization remains the primary method of reducing influenza illness and its complications," said Maj. James Ault, 62nd Medical Operations Squadron.

Two forms of influenza vaccines are an inactivated vaccine given by injection and a live attenuated (weakened)

vaccine sprayed into the nose. Injectable influenza vaccine reduces the risk of influenza infection by 70 to 90 percent in those immunized. Intranasal influenza vaccine reduces the risk of influenza infection or illness by 85 percent, said Senior Airman Leonard Washington, 62nd MDOS.

While the best time for vaccination is October and November before the influenza season typically begins, vaccination can still provide protection in December and later because influenza usually does not peak until February or later, said Staff Sgt. Candace Stacy, 62nd MDOS.

People can get the vaccination by visiting the McChord immunization clinic from 7:30 a.m. to 4:30 p.m. Monday through Friday on a walk-in basis.

## Educating Educators

Joel Komschlies, a guidance counselor with a local school district, examines equipment on a McChord C-17 Globemaster III during McChord's annual Educators Forum Monday. In addition to a C-17 tour, several local high school representatives met with representatives from the Air Force Academy, as well as an officer and enlisted panel, to discuss different career paths in the Air Force.



Photo by Randy White

## Officials intend to conduct Air Force foreign language skills study

WASHINGTON — Air Force Chief of Staff Gen. T. Michael Moseley recently approved a survey to identify the foreign language capability inherent in the Air Force.

The purpose of the on-line survey is to allow Air Force officials to get a better understanding of the foreign language skills already in the force, so they can better determine the lan-

guage skills that must be developed for tomorrow's operational missions.

"The Air Force is actively engaged in operations all over the world, the most visible being those supporting the global war on terror," General Moseley said. "An important lesson we continue to learn is that the ability to speak a foreign language is a critical war-fighting skill. We found that many

Airmen have foreign language skills that have not been documented, so we are canvassing the force to more accurately determine our resident foreign language capability."

Completion of the survey is mandatory for all enlisted members and for officers in the grades lieutenant colonel and below.

If an Airman demonstrates suffi-

cient skill in a language of strategic value to the Air Force, that Airman may be able to qualify for foreign language proficiency pay.

Each Airman will receive a link to the survey via e-mail. Survey officials encourage the recipient to access the survey using the link in the e-mail.

(Courtesy of Air Force Print News Service)

# McChord's Clubs and Community Center caters to Airmen, families



## Services' entities work together under one roof

By  
Tyler Hemstreet  
Staff writer

Although McChord's Clubs and Community Center serves as the primary location for many wing-sponsored functions, it is more than just a welcoming oasis with a host of friendly faces.

While the center prides itself on the role it plays in McChord's first impressions, there are several other facets of the club that cater to Airmen.

The club's four satellite operations around the base serve up a variety of entrees, appetizers, coffee drinks and specialty shakes each day. The Hideaway Pub and Deli, Smoothie's Juice Bar located in the Fitness Center Annex, Café Lancelatte located in Bldg. 100 and Buster's on the flightline are all run by the club staff and represent the organization's desire to bring the club experience to each Airman, said club manager Wayne Bechard, 62nd Services Squadron, who's run the club since 1995.

As for the main facility located just beyond the main gate, the club has three banquet rooms and two lounges that are free to rent and open to anyone on base looking for a place to host a

meeting, party or function.

But that wasn't the case a couple of years ago, said Jill Rector, 62nd SVS community center programs manager.

When the club merged with the community center in 2005, it created a place for Airmen and their families to host events free of charge, she said. The merge also paved the way for the new Surf Spot, a spacious room with plush chairs and couches where anyone can log on to any one of the several computers and check their e-mail or browse the Internet.

"The best thing about the partnership is that people can use the Surf Spot and any of the banquet rooms for free, provided they bring their own food," Ms. Rector said.

Those who choose to rent out the rooms for free must setup and cleanup on their own, provide their own equipment and bring only homemade food to the event, Mr. Bechard said.

The merging of the club and the community center also opened the door for activities like McChord Idol, a base talent show.

"It's the perfect setup for the both of us," Ms. Rector said. "We provide the program, and they provide the food and beverages."

The two entities are in constant com-

munication with each other to help work out multiple bookings.

Although the community center still organizes many events at different locations around the base, Ms. Rector said it is nice to have the club as something to fall back on.

While the rooms are open to anyone, those who wish to utilize the club's catering service, setup and staff, must be a club member.

Membership is open to every branch of the military — active duty members, retirees, reservists and civilians — assigned to McChord, Mr. Bechard said.

The dues run from \$3 to \$20 a month and entitle members to discounted rates at the restaurants within the main building, catered events and different Services activities.

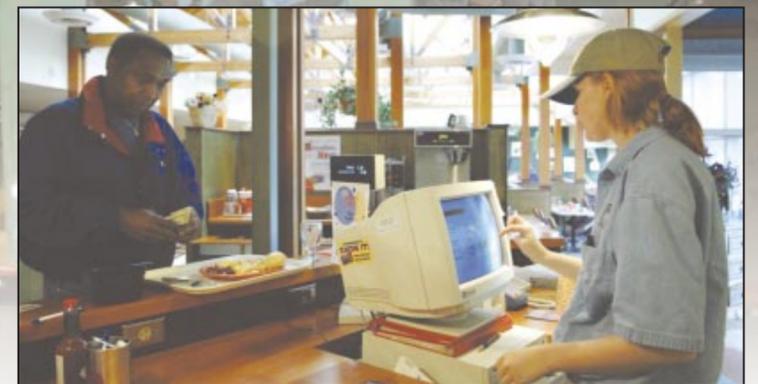
"Wedding receptions, anniversaries, birthdays — we can cater most everything," Mr. Bechard said. "Our prices are cheaper than the outside, and there is the security of being on base. Plus we don't charge you any tax."

In addition to knowing the correct setup for military functions, Mr. Bechard said the club staff also strives to please the customer when it comes to the menu.

"We can custom design the dishes to meet your culinary tastes," he said.



From left, food services workers Emi Greer and Elise MacFarlane prepare sandwiches for customers at the Wright Bros. Market and Grill located inside McChord's Clubs and Community Center.



Retiree Bennie Davis purchases a meal at the Wright Bros. Market and Grill.



Master Sgt. Rayburn Neal, 62nd Logistics Readiness Squadron, gets a haircut from Lyubov Smirnova Monday at the barber shop located inside McChord's Clubs and Community Center.



The Surf Spot, located at McChord's Clubs and Community Center, offers several computer stations with free Internet access. Board games are also available at the Surf Spot seven days a week.

Photos by Abner Guzman

# Cold weather calls for change in routine

**By**  
Tyler Hemstreet  
Staff writer

While cold temperatures and wintry weather may complicate the workout schedule for some Airmen, there are still plenty of ways to keep active in the winter months.

Running is one of the biggest ways Airmen keep in shape, but when temperatures dip below 32 degrees, ice is the biggest thing to worry about for runners, according to Patrick Conway, 62nd Medical Operations Squadron, exercise physiologist at McChord's Fitness Center Annex.

To combat the outdoor elements, Mr. Conway recommends Airmen instead run on a treadmill inside, set to a 2 percent grade.

"Wind sprints or jumping rope is another excellent indoor activity for the winter months," he said.

He also recommends pumping iron.

"Weight lifting is great, especially in winter," Mr. Conway said. "It will help keep you lean and strong and help keep the fat off."

By balancing some strength training with a 45-60 minute walk every day, even with the added holiday treats, the combination will help each Airman's weight remain constant, he said.

If Airmen do choose to run or walk outside, drinking plenty of water is another important thing to remember when exercising in winter weather.

"When you're exercising outside in the winter, sometimes you just don't notice that you're getting

dehydrated," Mr. Conway said.

Airmen should also allow a little more time for a longer warm-up, whether that entails a walk leading into a slow jog for running or jumping jacks or pushups for an indoor workout, Mr. Conway said.

The same applies to a cool down period, he said. This should include the reverse of a warm-up. It is also the best time to stretch the muscles because they are already loose, he said.

During the colder months, there is an increase in squadrons that chose to do their physical training inside at the fitness center, said Master Sgt. Robert Snyder, 62nd Services Squadron.

Most squadrons chose the morning to do their workouts, Sergeant Snyder said. He recommends squadrons to log onto the services Web page at [www.62services.com](http://www.62services.com) and download a letter of instruction and reservation form to ease congestion at the center. By faxing the form to the fitness center and reserving a block of time on the gym floor, racquetball court or exercise bikes in the Fitness Center Annex, squadrons can work out together.

"The big thing is working out together," Sergeant Snyder said. "We want it to be a group activity so it can help build their esprit de corps."

He also recommends any active duty members who come in during the morning and want to work out to be patient in waiting for machines to open up.

The fitness center will be open from 9 a.m. to 5 p.m. Dec. 22 to 24 and Dec. 29 to 31, and will be closed on Dec. 25 and New Year's Day.



## Air Force Academy icemen skate past Robert Morris, 4-3

U.S. AIR FORCE ACADEMY, Colo. — Brian Reese scored the game-winning goal with one minute 18 seconds left in the third period as Air Force came from behind for a 4-3 win over Robert Morris Sunday at the academy's Cadet Ice Arena.

Air Force improved to 8-7-1 overall. Robert Morris fell to 4-8-0 this season.

The Falcons ended a six-game losing streak to RMU as the Colonials beat Air Force five times last season. Air Force has now won four of its last six games.

Air Force scored first as Billy Devoney scored at 12:13 of the first period from David Martinson and Eric Ehn. Ehn fed Martinson in the neutral zone and the freshman skated down the right wing. He found Devoney in the high slot for his third marker of the season.

RMU tied the score and then took the lead in the second period. The Colonials tied the game at 3:04 of the second period as Jake Sparks scored on the power play with a slap shot from the point. The Falcons re-gained the lead at 10:29 on the power play as Theo Zacour scored.

Air Force was on a four-minute power play after penalties on Chris Margott. Brent Olson took a shot from the bottom of the left circle that clanked off the post and came out on the other side. Zacour knocked it in for his second of the year.

**“** We got behind, but found a way to come back and get two even-strength goals in the third period. We didn't capitalize on our power plays early in the game, and it came back to haunt us. ”

Frank Serratore  
Air Force Academy ice hockey head coach

RMU tied the score 2-2 at 12:46 after the Falcons turned the puck over. A pass to the point got past everyone, and RMU's Ryan Cruthers slap shot beat Falcon goalie Andrew Volkening. After the goal, Ian Harper replaced Volkening.

Five minutes later, RMU took a 3-2 lead as Chris Kaufman scored on the power play for a 3-2 lead. Aaron Clarke's slap shot from the point rattled through the pads of Harper and got behind the goaltender. Kaufman snuck in from behind to score his first of the year.

Air Force rallied back for two goals in the third period. Print tied the game at 3-3 at the 12:12 mark. Print, who dove in the pile while being pulled to the ice, slid the puck under the pads for his second of the season.

Reese's heroics came in the final two minutes. He threw his body on the ice to block a shot by a Colonial defenseman with 90 seconds left in the third period. Freshman Jeff Hajner picked up the puck and skated it into the RMU zone. His drop pass was to Reese whose first shot was saved, but his second one got past Boucher.

The Colonials pulled the goaltender for the final 1:15, but were unable to get a shot on net.

Air Force outshot RMU, 42-22, in the game, including a 20-7 margin in the first period. The Falcons were just 1-for-8 on the power play while RMU was 2-for-4. Boucher made 38 saves in the game. Volkening made nine saves while allowing two goals in 33 minutes. Harper earned his fourth win of the season as he stopped 10 of 11 shots he faced in 27 minutes.

"Robert Morris is a very difficult team to play against," head coach Frank Serratore said. "They have a goaltender that keeps them in every game and they have enough skill to score when they have chances. We got behind, but found a way to come back and get two even-strength goals in the third period. We didn't capitalize on our power plays early in the game, and it came back to haunt us. We put in Ian Harper after the second goal and he has now come off the bench to win two games for us this season. He has that in him. He is a battler." (Courtesy of Air Force Print News Service.)

### FOOTBALL STANDINGS

**NOTE: McChord's championship intramural flag football game is at 6 p.m. today at Rainier Field.**

Team	GP	W	L	T	PCT	Team	GP	W	L	T	PCT
MED GP	15	14	1	0	0.933	CES	15	7	8	0	0.467
COMM	15	13	2	0	0.867	SFS	15	6	9	0	0.400
MXS	15	12	3	0	0.800	7th AS	15	4	11	0	0.267
APS	15	12	3	0	0.800	8th AS	15	4	11	0	0.267
WADS	15	11	4	0	0.733	1 ASOG	15	4	11	0	0.267
AMXS	15	10	5	0	0.667	OSS	15	3	12	0	0.200
SVS	15	9	6	0	0.600	LRS	15	2	13	0	0.133
22 STS	15	9	6	0	0.600	MSS	15	0	15	0	0.000

**LEGEND:**  
GP — Games played  
W — Wins  
L — Losses  
T — Ties  
PCT — Win percentage

# McChord now offers weekly AFSO21 course

By  
Tyler Hemstreet  
Staff writer

In an effort to heighten awareness about Air Force Smart Operations for the 21st century, the 62nd Mission Support Group is now offering awareness weekly training classes in Bldg. 851.

AFSO21 is the constant examining of all Air Force processes in an effort to eliminate waste and unnecessary work.

The goal of the classes is to inform Airmen what AFSO21 is going to do for the base, said Robert Shaw, a continuous process consultant with the 62nd MSG and one of the course's instructors.

Each three-hour course will teach what AFSO21 is about, how it impacts McChord and what each Airman can do to help it, said Sylvia Maine, an instructor with the 62nd MSG.

Another goal of the course is to help empower each Airman, Ms. Maine said.

"We want to make sure they understand they have the capabilities to improve the process," she said.

It's all part of educating Airmen and changing the ideals sur-

rounding the movement.

"We want to help energize the culture," Mr. Shaw said.

It is important for both enlisted and officers to enroll in the course, Ms. Maine said.

"Each level should understand their role in everything," she said. "[AFSO21] is a great initiative. We all have to work together to make it work. There are lots of areas where we can improve."

Mr. Shaw said the goal is to have 50 percent of the base trained in the principals of AFSO21 by the end of next year.

Right now, the courses are being offered once a week, but Mr. Shaw said there are plans to offer six classes a week starting in January.

Airmen can sign up for the classes online by visiting <https://afkm.wpafb.af.mil>. By using the online registration, each Airman's attendance is automatically recorded.

## Learn more:

To find out more about AFSO21, how it impacts McChord and what you can do to help, sign up for a class online at:

<https://afkm.wpafb.af.mil/>



Photo by Senior Airman Brian Ferguson

## Going 'Wild'

The U.S. Air Force Academy Band, "Wild Blue Country", performs on ABC's Good Morning America Nov. 24. The seven-piece country band, a component of the Academy band, showcased the Air Force in front of a live audience in celebration of the Air Force's 60th Anniversary.



**Tree lighting ceremony**

McChord's annual Holiday Tree Lighting Ceremony will be at 5 p.m. Dec. 8 at the base chapel support center. There will be free food and refreshments following the lighting, and Santa will make a special visit. For more information, call the chapel support center at 982-5556.

**Operation Cookie Drop**

The Enlisted Spouses' and Officers' Spouses clubs seek volunteers to package and wrap cookies for their annual Operation Cookie Drop at 1 p.m. Dec. 13 at the chapel support center. Additionally, Team McChord members are encouraged to donate a dozen cookies for the drop. Cookies can be dropped off between noon and 4:30 p.m. Dec. 12 and 6:30 a.m. and noon Dec. 13 at the chapel support center. For more information, call Debbie McCauley at 584-9347.

**Meal for families of deployed**

The McChord chapel staff will host a holiday meal for the spouses and family of McChord's deployed Airmen at 6 p.m. Dec. 18 in the base chapel support center. Santa will also be visiting, and crafts will be available for the children. Reservations are encouraged and can be made through unit first sergeants or by calling the chapel support center at 982-5556.

**Santa Cop**

The 62nd Security Forces Squadron will host Santa Cop Dec. 8 in Bldg. 100. To participate, anyone can pay a "warrant fee" to have a co-worker or friend "arrested." Warrant categories vary from \$5 for 10 minutes to \$40 for an hour. Funds raised will be used in morale and welfare events, such as sending care packages to our deployed troops, sponsored by the 62nd SFS. For more information, call Tech. Sgt. Travis Lusk at 982-1138 or Tech. Sgt. Robert Sabarese at 982-5142.

**Kindlmarkt 2006**

This year's Kindlmarkt is scheduled to run from 4 to 10 p.m. Dec. 8 at the running track pavilion, near McChord's Clubs and Community Center. This free European-style Christmas bazaar will feature vendors, food and music.

**Holiday concert**

Team McChord is invited to a free concert, called "The Most Wonderful Time of the Year," featuring America's Corps Band and Navy Band Northwest at 7:00 p.m. Dec. 12 at Carey Theater in Fort Lewis.

**Tax clinic volunteers**

Base legal personnel are seeking volunteers for the Volunteer Return Preparation Program, formerly known as

the Volunteer Income Tax Assistance Program. Training will be provided. For more information, call the legal office at 982-5512.

**Parent Advisory Board**

The next Parent Advisory Board meeting is 11:15 a.m. Wednesday at the Habanero Mexican Restaurant. Parents of children who attend the Child Development Center, School Age Care or the Family Child Care Program are encouraged to attend.

**W-2 forms**

Hard copy 2006 W-2 forms will no longer be issued via mail. They will only be available through the MyPay Web site. Those who have not obtained their MyPay personal identification numbers should do so now at <http://mypay.dfas.mil/mypay.aspx> prior to the tax season. For more information, call the financial support office customer service section at 982-3945.

**Road construction**

Road repairs will take place between Lincoln Boulevard and South Gate Road until Dec. 29. Drivers are reminded to obey traffic revisions or use alternate routes if possible. For more information, call Brent Chapin, 62nd Civil Engineer Squadron, at 982-3304 or 677-5671.

# Faith and Worship Programs

*For more information, call the chapel support center at 982-5556.*

The following chapel programs take place at the base chapel support center, Bldg. 746, unless otherwise noted.

● **Faith Formation Youth Confirmation and Rite of Christian Initiation for Adults** are 6:30 p.m. Wednesdays, Sept. through April.

● **Combat Brown Bag Bible Study** is from 11:30 a.m. to 12:30 p.m. Tuesdays.

● **Adult Bible Study** will resume in September.

● **Jewish Torah School Classes** for adults and children are 9:45 a.m. Sundays at Fort Lewis, Chapel Five.

**Schedule of worship services**

**Catholic Services:**

All Catholic Services are in Chapel Two  
Daily Mass Tuesday - Friday 11:30 a.m.  
Saturday: 4 p.m. Confession  
5 p.m. Mass  
Sunday: 9:30 a.m. Mass  
11 a.m. Mass

**Protestant Services:**

Sunday: 8:30 a.m. Liturgical Worship: Chapel One  
9:45 a.m. Sunday School for all ages at the chapel support center  
11 a.m. Traditional Worship: Chapel One  
11 a.m. Contemporary service: chapel support center

**Jewish Services:**

Friday: 7 p.m. Fort Lewis Chapel  
Corner of 12th Street and Liggett Avenue 966-8949  
Led by Chaplain (Lt. Col.) Avi Weiss

**Orthodox Activities:**

Sunday: 9:30 a.m. Divine Liturgy, St. Nicholas Church, 15th Street and Yakima Avenue, Tacoma

**Other services:**

Orthodox Christian Community, Cascade Chapel, Fort Lewis

Sundays: 8:45 a.m. pre-Communion prayers  
9:30 a.m. Divine Liturgy

Confessions are by appointment; call Father John Anderson at 967-1717 or 906-6843, or e-mail [father.anderson@us.army.mil](mailto:father.anderson@us.army.mil)

