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McChord Air Force Base, Wash.

Connecting Team McChord with the Combat Airlift Mission

September 21, 2007

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McChord C-17 Globemaster III first to use synthetic blend of alternative fuel

By
Tyler Hemstreet
Staff writer

When given the go-ahead from Air Mobility Command, the 62nd Airlift Wing will be the first operational wing to use the new Fischer-Tropsch fuel blend in a C-17 Globemaster III, according to the 62nd Logistics Readiness Squadron.

"We're pretty excited about it," said Master Sgt. Shayne Somavia, 62nd LRS fuels manager.

Air Mobility Command's chief scientist Dr. Don Erbschloe is now turning his attention to tests certifying C-17s to use the alternative fuel mix, which was certified for B-52 Stratofortress Aug. 8.

"The C-17 tests will be important because it's a newer aircraft with newer materials and systems," Dr. Erbschloe said. "Our goal is to have a standard protocol — a methodology to establish a military standard for the fuel. (The C-17 tests) will validate the methodology we'll use to certify other aircraft."

By 2010, the Air Force goal is to certify all its aircraft to use the fuel blend which mixes JP-8 with fuel produced using the Fischer-Tropsch process — a process used to convert carbon-based materials into synthetic fuel.

McChord recently received 54,000 gallons of the Fischer-Tropsch fuel, which was transported here from Houston in eight tanker trucks.

The 62nd LRS' fuels management flight spent several weeks preparing for the fuel's arrival, Sergeant Somavia said.

"We had to create a system to keep it quarantined from the rest of the JP-8 fuel," he said. "That was the hardest part."

In addition to calibrating the additive injector that was used to inject two additives into the Fischer-Tropsch blend, the flight also had to prepare a separate refueling truck just for the blend, Sergeant Somavia said.

Once all the fuel had been off-loaded from the trucks, the flight then added JP-8 to the Fischer-Tropsch, giving the fuel a 50/50 mix.

The 103,000 gallons of blended fuel will likely be stored until March, when further guidance on the usage will



Staff Sgt. Justin Nelson, 62nd Logistics Readiness Squadron, checks synthetic fuel for color, water and sediment after 54,000 gallons were delivered here recently.

come down from AMC and the Air Force Petroleum Agency, Sergeant Somavia said.

Fischer-Tropsch fuel can be synthesized from any carbon-based material, Dr. Erbschloe said.

The Fischer-Tropsch fuel mix also has the potential to burn cleaner than JP-8, he said.

"In (the B-52 engine) tests, the use of the alternative fuel blend was found to reduce soot emissions by 30 percent at max power and by 60 percent at idle," said Dr. Tim Edwards, a senior chemical engineer for the Air Force Research Laboratory's Fuels Branch. "Sulfur emissions were reduced by 50 percent. These emissions reductions are due to the very high quality of the Fischer-Tropsch fuel blend component."

Until more research is done, Fischer-Tropsch fuel is mixed with

JP-8 to ensure the fuel contains adequate "aromatics" — elements found in traditionally-produced fuels and lacking in Fischer-Tropsch fuel, he said.

"Aromatics might be a factor in preventing fuel leaks," Dr. Erbschloe said. "It turns out aromatics might help various seals and o-rings expand and seal properly in aircraft engines during operation."

As fuel prices rise, synthetic fuel becomes economically viable with the potential to reduce dependency on foreign energy sources, said Dr. Erbschloe, a former deputy chief operating officer for the Department of Energy's Office of Science.

"The goal is to make the cost of synthetic fuel comparable to buying JP-8," he said. (Air Mobility Command Public Affairs contributed to this article.)

62nd CPTS begins transition to new financial structure

By
Tyler Hemstreet
Staff writer

Representatives from the Air Force's Financial Services Transformation Team visited McChord Tuesday and Wednesday to brief leadership on the transition to the new centralized financial service structure and the effect it will have on the base.

The transition is slated to take full effect in October 2008.

The first changes in the finance operations here will take place next month. At that time, Phase I of the transition begins with the opening of the central processing center at the Air Force Financial Service Center in Ellsworth Air Force Base, S.D. From then on, all the back shop procedures, such as travel voucher processing, will be handled there.

The 62nd Comptroller Squadron is in the midst of a 40 percent manning decrease since April, with some personnel undergoing a permanent change of station to Ellsworth Air Force Base, said Senior Master Sergeant Tommy Key, 62nd CPTS.

On average, Airmen in the 62nd CPTS process more than 1,500 Defense Travel System vouchers, 1,500 military pay documents and 2,400 non-DTS travel documents a month, Sergeant Key said.

The switch to move everything to Ellsworth Air Force Base is focused on processing documents in a more efficient format, which will expedite payments to Airmen, he said.

While the 62nd CPTS staff will be downsized to eight Airmen by March, Sergeant Key said face-to-face customer service here will not be affected.

"Because our Airmen won't have to spend so much time processing documents, we can get back to assisting the customers," he said.

Phase II of the transition will begin in October 2008. At this point a 24/7 full service contact center at AFFSC staffed by experts in pay and travel will become operational. Airmen will be able to access financial services around the clock via a number of ways including phone, web and fax.

(Information from an Air Force News story contributed to this article.)

Weekend Weather

| FRIDAY | SATURDAY | SUNDAY |
|-------------------|-------------------|-------------------|
| | | |
| Hi: 63 Low: 43 | Hi: 65 Low: 50 | Hi: 66 Low: 48 |

Forecast generated at 7 a.m. Thursday
Courtesy of the 62nd Operations Support Squadron

Mission accomplished

| | |
|---|----------|
| Total McChord sorties | 12,738 |
| Total flying hours | 42,138.6 |
| Cargo moved (tons) | 89,620.0 |
| Departure reliability rate | 94.6% |
| Mission capable rate | 83.9% |
| Personnel currently deployed | 666 |
| Reservists currently activated..... | 221 |
| (Jan. 1 to Wednesday. Numbers updated Wednesday.) | |

UCI Countdown

109 days until
unit compliance inspection ...
Are you ready?

Inspections are important to readiness



Photo by Abner Guzman

Col. Jerry Martinez, 62nd Airlift Wing commander.

By
Col. Jerry Martinez
62nd Airlift Wing commander

As we count down to another weekend, McChord can look back with pride on another achievement ... this time one involving an inspection. These hurdles are much more than just inspectors with a checklist; they ensure we are carrying out our mission safely and correctly, and in doing so keeping our nation safe. Nuclear Surety Inspections are among the most critically important inspections for our wing and our Air Force. When recent events triggered a short-notice NSI, Team

McChord once again stepped up to the challenge and hit a walk-off homerun, scoring Outstanding in five major graded areas and blowing inspectors away with an unparalleled level of expertise and professionalism. The inspection team arrived with only a one-week notice, and that lack of preparation time showcases the fact that what they saw is a true measure of how we perform every day, when no one is inspecting. No matter what role you played in the NSI, be proud of the culture of excellence you exemplify every day, and keep up the good work.

While this inspection is complete, another one is just around the corner, so we can't let our

guard down. Let's continue to our commitment to excellence as we prepare for the upcoming Unit Compliance Inspection. It may seem a long way off, but the tempo of our wing and our busy schedules make the time go quickly, and before we know it, those inspectors will be back to once again take the pulse of our wing processes. This inspection is conducted to assess areas mandated by law and mission areas that are critical to the performance of an Air Force organization. I know that a lot of hard work will go into preparation over the next few months and you will again show that Team McChord is the best! Be safe this weekend, and thanks for all you do every day.

America's confidence in military cannot be taken for granted

By
Lt. Col. John Andrus
62nd Medical Operations Squadron commander

Each year The Gallup Organization publishes the Confidence in Institutions survey. Following the pattern seen in recent years, the June 2007 survey results show that 69 percent of Americans surveyed have a "great deal" or "quite a lot" of confidence in the military. American's confidence in the military has always been relatively high. While this is the lowest percentage seen since September 2001, the military still ranks first in the survey surpassing institutions such as the police and church and organized religion. I believe part of this confidence lies in the fact that the public largely perceives our military forces to be honorable and trustworthy.

As with any trust, we, as Airman, cannot take these results for granted and must consider the trust of the public as a fragile commodity. Once a trust is lost it is very difficult to regain. Our indi-

vidual contribution to this fragile trust is based on the way we each honor the oath we took upon enlistment or commissioning. I, Lieutenant Colonel John Andrus, do solemnly swear, that I will support and defend the Constitution of the United States..." Note that our oath is to support and defend the Constitution and not any particular person or office.

Order is maintained in our great nation through the rule of law. This means that the law, as represented by the Constitution, is an autonomous body regulating government power, ensuring equality before the law and is subject to procedural and formal justice. It is inconsistent for us as Airmen to hold true to our oath and not obey the laws of our land. We cannot be good Airmen without first being law-abiding American citizens. This concept lies in our core value of integrity.

The proper drinking age has been often debated. I have heard arguments that 20-year-olds and 21-year-olds have similar responsibilities at work, are able to make the same level of decisions

and in fact, in our system, a 20-year-old Airman could outrank a 21-year-old Airman. Why then, should responsible people have to wait until age 21 to drink? The answer is that responsible people obey the law and the law sets the drinking age at 21. When an American Airman, who has taken an oath to support the Constitution, knowingly violates that oath by breaking the law whether it is with underage drinking, driving under the influence, drug use or simply violating traffic laws, the trust of the American people is threatened.

As American Airmen we owe it to the great Americans we serve to protect the fragile trust that has been placed in us. We affirm our support and defense of the Constitution and claim to have integrity at our core. Let us not lose that trust or violate our oath through poor decisions and unlawful actions. If integrity is a core value, it should be at the individual core of each decision we make and action we take.

'I am an American Airman. I have answered my nation's call. I will not falter.'

Professionals of the week

62nd Aerial Port Squadron

Airman 1st Class Paul Julian

Duty title:
Passenger service agent

Duty section:
Passenger terminal

Hometown:
Redding, Calif.

He's awesome because:

Airman Julian provided top notch customer service on a daily basis to numerous passengers originating, transiting, and terminating the terminal. He also provided exemplary support in the recent Rodeo by providing operational support to aircraft participating in the engine running on-load and off-load segment of the competition. Airman Julian was responsible in ensuring aircrews and 19 aerial port teams had an available empty aircraft for their competition. His goals are to complete his Community College of the Air Force degree in transportation management and also earn a bachelor's degree.



Staff Sgt. Matthew Di Nunzio

Duty title:
Traffic management craftsman

Duty section:
Packing and crating

Hometown:
Tucson, Ariz.

He's stellar because:

Sergeant Di Nunzio provided outstanding logistic support for this year's Rodeo competition by flawlessly processing and shipping over ten tons of aerospace ground equipment to various home stations. In addition, he selflessly coordinated and assisted with the set-up of the August Deployed Spouses Dinner and he was the driving force behind the recent event which accommodated over 240 spouses and children. Sergeant Di Nunzio's goals are to earn a promotion to technical sergeant and complete a 20-year career in the Air Force. His endless dedication to the job and his troops sets an outstanding example for us all.



Editors Note: Last week's Northwest Airlifter incorrectly identified the Airmen above as 4th Airlift Squadron members. We regret the error.

EDITORIAL STAFF
62nd AW commander: Col. Jerry Martinez
Chief, Public Affairs: Master Sgt. Alvin Louther
NCOIC, Public Affairs: Tech. Sgt. Carrie Bernard
Editor: Airman 1st Class Kirsten Wicker
Staff writer: Tyler Hemstreet
62nd Services Squadron contributor: Patti Jeffrey
Photographer: Abner Guzman
Graphic artist: Angela Jossy

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CONTACT NUMBERS
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Mailing Address: 62nd AW/PAI
100 Col. Joe Jackson Blvd., Suite 1077
McChord AFB, WA 98438
Phone: (253) 982-5637 **Fax:** (253) 982-5025
E-mail: northwestairlifter@mcchord.af.mil

Practice computer security, be aware of traps

By

Capt. Victor Ruiz
62nd Communications Squadron
Information Systems Flight commander

Editors note: This is the first in a series of articles highlighting computer security.

Our network is a powerful system used to deliver critical information and insight to the warfighter all over the globe. The enterprise network supports high level decision making. Locally, we transport critical data daily in support of our operations.

Our adversaries are lurking and actively seek to deny us the use of this valuable resource. It only takes one user to open the door to malicious logic. Here's a common scenario. A user downloads the file from the web, perhaps a new freeware program or a fancy upgraded multi-media player. It appears benign, but is bundled with executable files and opens a shareware connection allowing personal and government data to be broadcasted to some unknown location on the web. Tag! The computer has just been infected with Spyware!

Spyware surreptitiously installs itself to your computer. Spyware commonly allows Internet Cookies to be viewed or transmitted to a server accessible to the offender. These cookies easily indicate where you have surfed and how many times. More dangerous Spyware installs a "key-stroke" program recording every single keystroke. Spyware is growing increasingly malicious and "smarter" in stealing passwords, credit card numbers and other forms of identity theft.

Spyware is difficult to detect as it is typically invisible to the user. Once loaded to your computer, it is both costly and difficult to remove.



Technician Staff Sgt. Zachary Knittle, 62nd Communications Squadron, replaces a card on a line multiplexer.

User education and Computer Security (COMPUSEC) is key to protecting our network. Use the following tips to practice good COMPUSEC:

- Use your government computer for "Official Use Only"
- Do not download freeware or shareware
- Do not surf unofficial sites
- On Tuesday nights, leave your computer on (patches are pushed onto your computer)

- Scan removable media for viruses
- For unfamiliar warning prompts, contact your CSA

Spyware is just one of the stealthiest means of penetrating our systems. Our network protection is only as strong as our weakest link. It is everyone's responsibility to defend the network as rigorously as we would any other sensitive system. Practicing computer security will protect the network and protect yourself.



McChord's Airmen

AROUND THE WORLD



Courtesy photo

BAGHRAM AIR BASE, Afghanistan — Senior Airman Steve Bassham, 7th Airlift Squadron, prepares a pallet of fuel to be airdropped during a combat mission.



Courtesy photo

BAGHRAM AIR BASE, Afghanistan — Senior Airman Charles Patterson, left, and Senior Airman Steve Bassham, both members of 7th Airlift Squadron, get ready to gather wind data for a combat air drop from a McChord C-17 Globemaster III.



Supervisors get involved

From cradle to grave, success starts with developing Airmen

By

Chief Master Sgt. Rodney McKinley
Chief Master Sergeant of the Air Force

There is no greater honor than to serve our country during time of war, and we are very fortunate to serve in the greatest Air Force the world has ever known. The Air Force has technologically superior aircraft and equipment and can bring devastating airpower to bear on our enemies at a time and place of our choosing. However, our equipment isn't what makes our Air Force great — it's our people — our Airmen. Whether they are active duty, Guard, Reserve, civilian or contractor, our people make the Air Force successful, respected, and feared by our enemies.

Throughout Air Force history, our success stems from our legacy of developing and caring for Airmen.

Developing Airmen begins at the Air Force recruiter's office, and our recruiters do an outstanding job of finding the very best. Despite our

high recruiting standards, the Air Force continues to attract the best and brightest America has to offer. During basic military training, military training instructors do an outstanding job of instilling Warrior Ethos, Air Force Core Values, standards and discipline into new recruits. Airmen leave BMT with a fire in their bellies and are motivated, physically fit and recite the Airman's Creed with ease. Our job as leaders is to keep this Warrior Ethos alive in our Airmen - refining their fire and spirit as we continue to foster their development.

Unfortunately, there are some Airmen who arrive at their first duty station who have little or no contact with their supervisor for weeks. I have seen some Airmen discharged because of disciplinary problems that occur not long after signing into their first base. An enormous amount of time, money and training goes into our Airmen, so we certainly don't want these Airmen to fail. Developing Airmen isn't a catch phrase and it's not something that stops with BMT or technical training — it's a continual

process throughout an Airman's career.

For Airmen to be successful, supervisors must be involved from the start. I strongly believe supervisors should be the sponsors for our Airmen. During their initial contacts, supervisors must emphasize the Air Force Core Values, standards, and deliver key guidance to put Airmen on the path to a rewarding and productive career. No one should be more concerned with an Airman's success than the supervisor. If supervisors are more engaged from the beginning, Airmen will have greater prospects for success.

Mighty militaries of the past, from the Continental Army, to the Airmen who courageously flew missions in World War II, to today's Airmen fighting the Global War on Terrorism, all have a common thread for their longstanding successes - adherence to standards and discipline. These principles are critical to developing and caring for our Airmen. Our Airmen are incredible, and they need and deserve solid leadership from day one. Develop and care for your Airmen... we need them to succeed!

Officials release revised ABU mandated wear policy

By

Staff Sgt. Monique Randolph
Secretary of the Air Force Public Affairs

WASHINGTON — Now that the Airman battle uniform is on the shelves of some military clothing sales stores, Air Force uniform officials here released a revised ABU wear policy message Sept. 5 to ensure Airmen are aware of the standards for the new uniform.

The message is a follow up to the wear policy message released in February.

"The first wear message was very much theater-oriented because only deployers, general officers and command chiefs had the ABU," said Lt. Col. Shawna Morrill, the chief of the Air Force uniforms and recognition branch at the Pentagon. "Now that the uniform is becoming more available to Airmen, it's time to readdress the wear policy as well as talk about the winter items."

Some items addressed in the new policy letter include:

- The mandatory wear date for the ABU is November 2011. The ABU or battle dress uniform can neither be mandated nor prohibited during this transition period.

- Desert tan, crew-neck T-shirts are the only T-shirts authorized for the wear with the ABU. Desert sand-colored turtlenecks are authorized for wear in cold weather.

- ABU sage green boots are authorized for wear with all utility uniforms. Desert tan boots are also authorized for wear with the ABU until the mandatory wear date.

- Only the ABU patrol cap is authorized for wear with the ABU outside of the area of responsibility, or AOR. Organizational caps are no longer authorized.

- Occupational badges are optional.

- No patches are authorized on the ABU.

Additionally, a clothing allowance increase will go into effect in October to help offset the increased cost of the uniform. Airmen who choose to buy the new uniforms before their anniversary date in fiscal year 2008

will absorb the cost difference until they receive their clothing allowance.

"The several-year transition to the ABU will not be without its challenges, but we're confident that ongoing communications and flexibility will ensure continued focus on mission and safety throughout this period," Colonel Morrill said.



AEF Operations begins move to Air Force Personnel Center

RANDOLPH AIR FORCE BASE, Texas — The Air Force Personnel Center here recently earned an initial operating capability for an Air and Space Expeditionary Force systems migration. This milestone was a major step toward moving Air Expeditionary Force Operations, located at Langley Air Force Base, Va., to AFPC by September 2008.

AEF Operations, formerly called the AEF Center, became a direct reporting unit of AFPC in August 2006 and was named one of AFPC's seven directorates — the Directorate of AEF Operations, or DPW — in June 2007.

AFPC officials are responsible for managing personnel programs and for carrying out policies affecting all Air Force active-duty and civilian members. AEF Operations, called "DPW-East," serves as the premier organization for implementing the Air Force's AEF concept.

AEF methodology was developed to better manage forces by building a rotational schedule that encompasses the total Air Force. It is the Air Force's methodology for providing Air Force capabilities directly to the warfighter efficiently, effectively and, most importantly, in a timely manner. Combining both organizations synergizes operations by bringing together permanent authorizations, wartime requirements and assignments under a single commander.

"Getting to IOC is a great team initiative here, and our systems folks deserve a good deal of the credit," said Maj.

Gen. Tony Przybyslawski, AFPC commander. "We're charging ahead to 'operationalize' personnel processes and bring together the two entities charged with developing and supplying Airmen."

Work already has begun to facilitate the move.

"Our people at Langley and here at AFPC have done a tremendous job to make sure our computer systems are in sync, but much work needs to be done between now and September 2008," said Steven Kelley, AEF Operations director.

One of the biggest hurdles is to make room for nearly 200 authorizations that will transfer to AFPC, Mr. Kelley said.

"Because our people operate in classified environment, we'll need to complete the necessary furniture configurations and facility upgrades for the move," he said. "We'll also need to construct a new operations control center. However, I have a high level of confidence that we'll meet all our goals. We have great people here who are dedicated to doing this the right way."

By the end of next spring, the revamping of AFPC's E-Wing will be complete. It will be turned into a personnel operations center capable of sustaining 24-hour operations.

"The Air Force will have one personnel process for moving Airmen where they're needed, when they're needed," General Przybyslawski said. "It'll ensure we give those Airmen adequate time to prepare. It's about doing what's best for the Air Force and our people."

Do you have a story idea?

Spread the news in *The NW Airlifter!*

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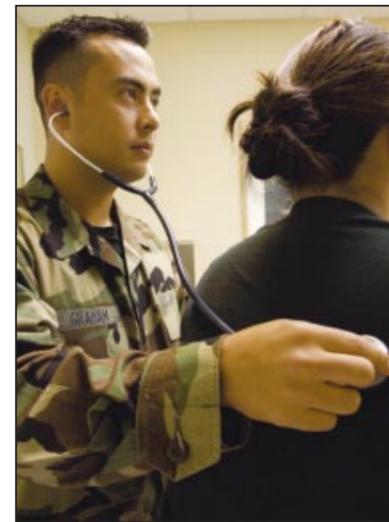


Photos by Abner Guzman

Medical technician Airman 1st Class Kristal Davis, right, 62nd Medical Operations Squadron, walks patient Yazmin Chan to an examination room during a recent visit to the Family Practice clinic.



Staff Sgt. Nicholas Graham, 62nd MDOS, uses an otoscope to screen for fluid in a patient's ear during a recent examination at the family practice clinic.



Independent duty medical technician Staff Sgt. Nicholas Graham, left, 62nd MDOS, listens for irregularities in a patient's breathing during a recent examination at the family practice clinic.

Taking care of our community

Family practice streamlines McChord patient process

By
Tyler Hemstreet
Staff writer

The 62nd Medical Operations Squadron's family practice clinic has several methods in place to fine-tune its processes and programs in order to better serve its patients.

Through offering diabetes counseling classes, utilizing independent duty medical technicians and staffing a women's nurse practitioner, the family practice clinic is making it possible to see more patients on a daily basis and give each the specialized care they require, said flight commander Lt. Col. Jennifer Mercier, 62nd MDOS.

The clinic sees servicemembers, retirees and dependents needing care for everything from acute all the way to chronic illnesses, Colonel Mercier said.

It also performs biopsies, vasectomies and minor sur-

gical procedures and conducts active duty annual physicals, she said.

The diabetes classes offer the chance for patients to participate in a group dynamic and ask questions and talk about the disease and then sit down with their provider for a short appointment, said assistant group practice manager Staff Sgt. Delena Jones, 62nd Medical Support Squadron.

Sitting in on the group discussion is a pharmacist, an optometrist and a psychologist to offer advice to the patients, Sergeant Jones said.

"It works well for the patients because they have an educational piece to it and then the physical piece with their provider," she said.

Since the patients meet with their providers at the end of the class, it opens up the rest of the schedule for other providers to see other patients, Colonel Mercier said.

The help of independent duty medical technicians — active duty Airmen with specialized training — is also assisting the clinic in streamlining its processes for patients.

IDMTs see patients before the providers to help diagnose the ailment and then discuss the findings with the provider. The provider oversees and signs off on the plan of care, Colonel Mercier said.

"It takes a lot of the assessment part out so providers can take more time with more complex patients," she said. And in an effort to accommodate its female patients, the clinic added a women's nurse practitioner to its staff in May.

"She handles a majority of the women's health exams and follow-up care," Colonel Mercier said.

The family practice clinic not only caters to service members, spouses and retirees, but also children.

Pediatrics, which also falls under the family practice flight, is the medical liaison between the child development center when it comes to taking care of the children, Colonel Mercier said.

Pediatrics has consistently been ranked in the top percentile in AMC by health care integrators when it comes to patient care processes involved with child immunizations, the colonel said.



Tech. Sgt. Lorecel Tapia, left, 62nd Medical Support Squadron, has her vital signs measured by Airman Davis, 62nd MDOS, during a recent visit to the Family Practice clinic.



Senior Airman Keith Lee, right, 62nd Aircraft Maintenance Squadron, fields questions from Master Sgt. Byron Grant, 62nd MDOS, regarding conditions at his deployed location as part of a post-deployment health assessment routinely performed by IDMT's.

AF Marathon results announced

Team McChord finishes in top form at the annual race

By

Derek Kaufman

88th Airlift Air Base Wing Public Affairs
Wright-Patterson Air Force Base

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — Runners here during Saturday's U.S. Air Force Marathon were treated to crystal blue skies, cool temperatures and a new record set.

The official results, announced Wednesday, confirmed 32-year-old Josh Cox from San Diego and Mammoth Lakes, Calif. as overall winner in the men's full marathon.

Cox's winning gun time of 2 hours, 20 minutes, 57 seconds — now official — is a new record for the U.S. Air Force Marathon and qualifies him for the U.S. Olympic Team trials to be held in New York City this November.

Cox called the route "a great course - definitely challenging."

"I ran this race for my dad, who passed away this year," Cox said. "I'm very thankful for the gifts God has given me. I'm not the owner of the gifts, just the bearer."

Karissa Goodrich, a 22-year-old who hails from Annadale, Va., was the top finishing overall female marathon runner at 3:06:54. She is currently assigned as military intelligence student with the 17th Training Wing at Goodfellow Air Force Base, Texas.

Wheelchair racer Glen Ashlock, 46, from Dexter, Mich., took the honors in the men's wheelchair marathon with an official time of 1:54:05.

"It felt great," Ashlock said shortly after his first place finish. "The last few hills were tough, but that's where you win the race, in the tough parts."

Holly Koester of Walton Hills, Ohio, was the top female wheelchair racer, crossing the line at 3:39:58.

The top finishing military male marathoner was Dr. Mark Cucuzzella a physician at Andrews Air Force Base, Md. Cucuzzella, from Shepherdstown, W.V., won the 2006 Air Force Marathon and finished fifth overall this year with a gun time of 2:34:26. Initially, the electronic timing system unofficially identified Michael Haugen of Roy, Utah as the top placing military male marathoner. However, once official results were determined, Haugen finished second among military runners and seventh overall at 2:36:00.

McChord was well represented at the race as Miguel Colon, 62nd Aerial Port Squadron; Christian Delgado, 62nd Logistics Readiness



From left, Lori Fiorello, 62nd Comptroller Squadron, Justin Curtis, 62nd Civil Engineer Squadron, Miguel Colon, 62nd Aerial Port Squadron, Martin Goins, 62nd Aircraft Maintenance Squadron, Christian Delgado, 62nd Logistics Readiness Squadron, and Jeremy Baxter, 62nd Mission Support Squadron, stand together after competing in the Air Force Marathon at Wright-Patterson Air Force Base, Ohio.

Squadron; Lori Fiorello, 62nd Comptroller Squadron; Jeremy Baxter, 62nd Mission Support Squadron; Justin Curtis, 62nd Civil Engineering Squadron; and Marty Goins, 62nd Aircraft Maintenance Squadron, all made the trip to Wright-Patterson to compete in the event.

Fiorello, who ran in the half marathon, said the overall Air Force environment really added to the excitement of the race.

"There were multiple fly-bys while we were running — it was really motivational," she said.

Race organizers also placed multiple static aircraft facing each other near the finish line, creating a hallway effect down the final stretch, she said.

Fiorello finished the race in 1:53:19, coming in 513th out of the 948 female runners in the race.

Colon (1:41:13) also ran the half-marathon, finishing 195th out of the 2,075 runners while Curtis finished 241st with a time of 1:43:52.

"Everyone along the route of the race was very supportive," said Baxter, who finished the full marathon with a time of 4:07:07, coming in 677th out of the 1,651 runners. "At nearly every mile point there were people cheering you on by your first name. It was just a really good race."

The top finisher in the group was Goins (3:25:26), who finished in 171st place. Delgado also ran the marathon, finishing with a time of 6:01:11.

Weather conditions at Wright-Patterson Air Force Base for Saturday's 7:30 a.m. start were clear skies, temperature 47 degrees Fahrenheit with winds from the northwest at 3 knots.

The marathon course started and finished at the National Museum of the Air Force, tracing a path around the historic Huffman Prairie Flying Field where the Wright-Brothers mastered the art of flying and trained the military's first aviators. Runners were treated to a steady stream of flyovers by U.S. Air Force aircraft during Marathon events which included a wheel-chair marathon, marathon, 4-person relay and half-marathon.

Including an affiliated 5K road race held Friday in partnership with Wright State University on their campus, a total of just over 6,300 runners participated in all marathon events, said Marathon director Molly Loudon. In addition, nearly 2,000 volunteers supported this year's five events.

The 11th annual race, an official Boston Marathon qualifier, is one of the capstone events to commemorate the U.S. Air Force's 60th Anniversary as a separate military service.

Individual event top finishers for the 11th Annual U.S. Air Force Marathon (Official gun times):

- 1st place Marathon, overall male: Joshua Cox, Mammoth Lakes, Calif., 2:20:57
- 1st place Marathon, overall

female: Karissa Goodrich, San Angelo, Texas, 3:06:54

- 1st place Marathon, military male: Mark Cucuzzella, Shepherdstown, W.V., 2:34:26
- 1st place Marathon, military female: Karissa Goodrich, San Angelo, Texas, 3:06:54
- 1st place Marathon, Wheelchair male: Glen Ashlock, Dexter, Mich., 1:54:05
- 1st place Marathon, Wheelchair female: Holly Koester, Walton Hills, Ohio, 3:39:58
- 1st place Half marathon, overall male: Levi Severson, Boulder, Colo., 1:12:55
- 1st place Half marathon, overall female: Mindy Leisure, Kettering, Ohio, 1:23:32
- 1st place Half marathon, military male: Levi Severson, Boulder, Colo., 1:12:55
- 1st place Half marathon, military female: Elissa Ballas, Vacaville, Calif., 1:26:44
- 1st place, 5K wheelchair: Nick Cunningham, Yellow Springs, Ohio: 17:20
- 1st place, 5K overall male: Sam Windom, Sylvania, Ohio: 18:34
- 1st place, 5K overall female: Miriam Coleman, Cambridge, Mass., 22:06
- 1st place, 5K military male: Todd Scarbrough, Sumpter, S.C.: 19:12
- 1st place, 5K military female: Miriam Coleman, Cambridge, Mass.: 22:06
- 1st place, 5K Wright State University male, Tyler Shepard, Lakeview, Ohio: 20:05
- 1st place, 5K Wright State University female: Carrie Smith, Dayton, OH: 23:10

U.S. Air Force Marathon Relay division top finishers (Official times):

- 1st place co-ed team: Team Wright-Patt, Beavercreek, Ohio, 2:43:25
- 1st place male team: AETC Men Relay, Del Rio, Texas, 2:40:24
- 1st place female team: Kentucky Sole Sisters, Lexington, Ky., 2:43:25
- 1st place masters team: Vissmmert, Centerville, Ohio, 3:22:31
- 1st place military team: Sheppard Air Force Base, Sheppard AFB, Texas, 2:40:03
- 1st place, ROTC team: Purdue Joint Forces, Indianapolis, Ind., 2:42:02

For complete results, visit www.usafmarathon.com. [62nd Airlift Wing public affairs contributed to this article.]

Women's soccer league at Fort Lewis open to McChord teams

By

Tyler Hemstreet
Staff writer

Female Airmen here have a wide variety of options available to them when it comes to intramural sports.

McChord offers co-ed intramural basketball, volleyball, soccer, golf, softball, flag football and bowling leagues.

And for female Airmen who would like to compete against other females, Fort Lewis offers intramural basketball, volleyball, softball and soccer leagues.

Female Airmen, family members and Department of Defense civilians can sign up

and compete in the leagues at Fort Lewis, said Dick Worthy, intramural sports coordinator at Fort Lewis.

Although female Airmen can participate in all the co-ed intramural sports offered at McChord, soccer and volleyball usually draw the most interest, said Master Sgt. Robert Snyder, 62nd Services Squadron.

"It seems those are the sports Airmen were most used to competing in at the prep levels before they got into the Air Force," Sergeant Snyder said.

There are more female Airmen starting to play in intramural soccer here and Sergeant Snyder said the participation numbers overall in co-ed intramurals here have gone up over the last five to ten years.

"We've got some athletically talented ladies out here," he said.

And even though the women's leagues play their games at Fort Lewis and compete mostly against other teams composed of Fort Lewis people, Sergeant Snyder said the women's leagues offer another avenue for female Airmen to recreate.

While McChord's participation numbers at Fort Lewis were very low during soccer and basketball season, Mr. Worthy hopes that participation will grow from putting the word out.

Fort Lewis is still accepting registration for women's soccer teams. League play starts Monday.

For more information on women's sports at Fort Lewis or to register call 253-967-2604.

Afghans train Afghans with U.S. mentors

By

Staff Sgt. Julie Weckerlein

U.S. Central Command Air Force Public Affairs

FORWARD OPERATING BASE

MEHTAR LAM, Afghanistan —

Afghan instructors are training Afghan national police officers in a series of security forces classes here, while two American Airmen provide watchful mentorship.

The Afghan national police sustainment training is a giant step forward for the future of the Afghan National Army and the Afghan military, said Staff Sgt. Daniel Smith, Laghman Provincial Reconstruction Team's (PRT) police technical adviser.

Sergeant Smith and Senior Airman Zachary Osborne, both deployed from Malmstrom Air Force Base, Mont., are mentors for the instructors.

"From this point on, the Afghans will have a more active role in the development of their police and security forces," he said. "In the past, coalition and government forces supplied the training to the Afghans, but now, as the instructors receive qualification, we can step back and let them train themselves."

The month-long classes cover a wide variety of security-related topics, such as arresting procedures and riot control, and are required by all first-year officers. Once the course is completed, the police officers are



Photo by Master Sgt. Jim Varhegyi

Senior Airman Zachary Osborne listens as Afghan National Police instructor Maj. Muhammad Omar teaches a class on patrol procedures to Afghan National Auxiliary Police trainees Sept. 3 at forward operating base Mehtar Lam in Afghanistan's Laghman province.

no longer considered "rookies" and are given a pay raise.

Already, Sergeant Smith said, he can see a difference within the classroom.

"The students' attention is held when the Afghans are instructing," he said. "They go through the material a lot faster, since nobody has to

pause and wait for an interpreter to translate everything, and we can see how they are catching onto things a lot faster. At this point, all that we (Americans) do is stand back, observe and give suggestions every now and then. They are running the show."

The instructors were trained by a

U.S. government-contracted security firm at the Regional Training Center in Jalalabad, a city east of Laghman Province where forward operating base Mehtar Lam is located. In a few months, construction will be complete on a training center near the FOB, so more instructors can become trained and qualified locally.

"We will be able to hold our classes there at the provincial reconstruction team, rather than inside a tent on the FOB," said Sergeant Smith. "There all their training needs can take place."

These classes are only part of the Laghman PRT's mission, which serves to provide international aid to the area via security backed by national and coalition forces, reconstruction projects and humanitarian aid delivery. They are also responsible for disarming and demobilizing militia forces and terrorist activity throughout the region with the help of the locals.

"I'm extremely proud of what my Airmen are doing here with the Afghan military and the Afghan police," said Lt. Col. Robert Ricci, the PRT commander deployed from Pope Air Force Base, N.C. "They have allowed the local authorities to expand their capabilities for security, and because of that, Laghman Province is a lot safer and that allows all of us to work harder to get this province, this country, on its feet."



Gate construction work

Please use caution when entering and exiting the Main Gate, the Barnes Gate and the Commercial Gate Thursday to Oct. 9. 62nd Civil Engineer Squadron will be performing work on the barrier systems and there may be some minor traffic delays. For more information, call customer service at 982-5739.

SNCO induction dinner

There will be a senior non-commissioned officer induction dinner at 7 p.m. Oct. 19 at the McChord Co-located Club, Northwest Connection Ball-room. Social begins at 6 p.m. Semi-formal and mess dress attire. R.S.V.P. to your squadron point of contact by Oct. 11.

Retiree appreciation day

McChord's annual retiree

appreciation day and health fair will be from 9 a.m. to 1 p.m. Nov. 10 at the McChord Co-located Club. The event will feature a health fair offering a wide range of medical and health services including flu shots, blood pressure checks, a bone density test, and nutrition and fitness classes. Resources permitting, there will be a tour of a C-17 Globemaster III and door prizes awarded throughout the morning. All retirees, spouses, and survivors are encouraged to attend. For more information, call the Retiree Activities Office at 982-3214.

Request for leave donations

The Civilian Personnel Flight has received a request to solicit annual leave donations for Tanya S. Otto, a 446th Reserve Airlift Wing employee, who will undergo hip surgery. If you

can donate any annual leave, even if it is as little as one hour, it would be greatly appreciated. Please complete OPM Form 630A and submit it to 62nd Mission Support Group/DPCG, ATTN: Robert King. For more information, call 982-3805.

Undergraduate flying training

The next undergraduate flying training selection board will convene at the Air Force Personnel Center Jan. 8, 2008. Applicants must send the completed application, postmarked by November to HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph Air Force Base, Texas 78150-4733. For more information on application procedures, see AFI 36-2205 or call the base formal training element at your military personnel flight at 982-1112 or 982-2674.

Faith and Worship Programs

For more information, call the chapel support center at 982-5556.

The following chapel program takes place at the base chapel support center, Bldg. 746, unless otherwise noted:

Adult Bible study is from 11 a.m. to 1:30 p.m. Wednesdays.



Catholic Services:

All Catholic services are in chapel two.
Saturday: 4 p.m. Confession
5 p.m. Mass
Sunday: 9:30 a.m. Mass
11 a.m. Mass

Protestant Services:

Sunday: 8:30 a.m. Liturgical worship: Chapel one
9:45 a.m. Sunday school for all ages at the chapel support center
11 a.m. Traditional worship: Chapel one
11 a.m. Contemporary service: Chapel support center

Jewish Services:

Friday: 6 p.m. Fort Lewis chapel every 1st, 3rd and 5th at the corner of 12th Street and Liggett Avenue 967-6590

Orthodox Activities:

Sunday: 9:30 a.m. Divine Liturgy, St. Nicholas Church, 15th Street and Yakima Avenue, Tacoma

Other services:

Orthodox Christian Community, Cascade Chapel, Fort Lewis
Sundays: 8:45 a.m. Pre-Communion prayers
9:30 a.m. Divine Liturgy
Confession is by appointment only. Call Father John Anderson at 967-1717 or 906-6843 or e-mail father.anderson@us.army.mil.

Schedule of worship services

0-0-1-3



The medical standard is one drink for women or two drinks for men if a daily drinker.

For periodic drinking, the standard is to keep the blood alcohol level or blood alcohol content under 0.05.

- Use personal risk management
- Use situational awareness
- Use your wingman
- Use a friend

0 Drinks under age 21
0 DUI's
Max 1 drink per hour
Max 3 drinks in one night

DON'T DRINK AND DRIVE



Graphic design by Angela Jossy