

The NORTHWEST AIRLIFTER

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McChord Air Force Base, Wash.

Connecting Team McChord with the Combat Airlift Mission

November 7, 2008

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Sea-Tac trains at McChord

By

Staff Sgt. Eric Burks
62nd Airlift Wing
Public Affairs

McChord Airmen and technology provided a unique inter-agency training opportunity with a strategic impact on the nation's northwest corridor. Since September, members of the 62nd Operations Support Squadron have shared the use of a training simulator here with Seattle-Tacoma International Airport tower controllers to ensure they are certified and ready for operations when the airport's third runway officially opens Nov. 20.

The addition of a third runway was necessary to reduce flight delays at Sea-Tac, specifically during conditions of poor visibility that require flying under Instrument Flight Rules, according to Ms. Barbara French, the airport's operations manager. Currently, proximity issues limit operations during IFR weather to just one runway.

The new runway improves poor weather capability and enhances capacity at Sea-Tac with dual dependent approaches fully-equipped to accommodate low-visibility operations. The runway improves Sea-Tac's ability to move aircraft in and out of the airport more expeditiously, saving time and fuel.

"We've always had delays during IFR weather," said Ms. French, who served in the Air Force for

See FAA, Page 13



Photo by Abner Guzman

Sign of a warm welcome

Maj. Matt Anderson, 4th Airlift Squadron, is welcomed home by his wife and two daughters Wednesday. More than 100 Airmen from McChord's 4th AS were greeted here by their family, friends and local community members after a 120-day deployment in support of the Global War on Terrorism. The 4th AS Airmen deployed as the 817th Expeditionary Airlift Squadron to various locations throughout Europe, Southwest Asia and the Middle East. One of many missions the deployed squadron flew included aiding in the redeployment of approximately 2,000 Georgian troops from Iraq to Georgia's capital, Tbilisi, after the Georgian government asked the United States for assistance.

New staff created for nuclear mission

WASHINGTON (AFNS) - Air Force leaders have created a new Air Staff directorate that began operations Saturday to strengthen the focus on the nuclear enterprise.

The new office, aligned as A10 on the staff, is officially called the Strategic Deterrence and Nuclear Integration Office and will be led by Maj. Gen. C. Donald Alston. General Alston also directed the Air Force Nuclear Task Force.

"These organizational changes, together with other roadmap initiatives and strong leadership at all levels, will improve our support to our missile and bomber forces in their vital role providing nuclear deterrence," General Alston said. "The concentration of nuclear expertise in A10 will improve the

focus on nuclear issues across the air staff and the flow of information between the Air Force, the Department of Defense and other mission partners."

As the assistant chief of staff for strategic deterrence and nuclear integration, General Alston will be the focal point on the air staff for the Air Force nuclear enterprise.

"The new directorate provides policy oversight, increased institutional focus and staff integration for nuclear issues," said Air Force Chief of Staff Gen. Norton Schwartz. "The A10 will be instrumental in managing the overall nuclear enterprise and will be directly involved in implementing the Air Force nuclear roadmap as well as preparing to stand up Air Force Global Strike

Command."

The stand up of the A10 is the second significant organizational change Air Force officials have implemented to improve management of the nuclear enterprise. They already have taken steps to further consolidate nuclear sustainment responsibilities in Air Force Materiel Command, specifically at the Nuclear Weapons Center.

Air Force officials also recently unveiled the proposal for a nuclear-only major command, Air Force Global Strike Command, as its future field operating construct for the nuclear enterprise.

With plenty of more work to be done, the office plans to fully stand up in September, General Alston said.

Joint Basing Civilian Town Hall

All McChord civilian employees are invited to learn how joint basing will affect them. This event is considered an alternate duty location.

Where:

McChord Clubs and Community Center's main ballroom

When:

3 p.m. Wednesday

Doors open at 2 p.m. Experts are available for questions after the briefing.

Weekend Weather

FRIDAY	SATURDAY	SUNDAY
Hi: 58 Low: 44	Hi: 54 Low: 43	Hi: 53 Low: 40

Forecast generated at 7 a.m. Thursday
Courtesy of the 62nd Operations Support Squadron

Countdown to success

Nuclear Surety Inspection	60	days
Rodeo	255	days
Operational Readiness Inspection	353	days

Don't miss it ...

Veterans Day

The base is minimally manned Tuesday in observance of Veterans Day.

Take time to recognize contributions of Veterans

By

Gen. Arthur Lichte
Air Mobility Command
commander

SCOTT AIR FORCE BASE, Ill. – Each Veteran's Day, Americans have the opportunity to reflect upon and honor the sacrifices of noble men and women who have served in defense of our great nation and its freedoms. We also take this time to express our deepest gratitude for those serving today. Through daily mission accomplishments, we extend the legacy of those who served before us and

underpin our nation's values to inspire tomorrow's heroes.

Mobility warriors continue to epitomize our rich heritage and proud legacy. Mobility Airmen share in the proud legacy of our nation's defense throughout the history of manned flight. Through air mobility, our nation can extend an out-stretched hand of compassion to those in need, or a clenched fist to those who threaten our freedom. The air mobility legacy is visible all around us — from the Air Force's first challenge 60 years ago, the Berlin Airlift, to the relief efforts after natural disasters in our country and around the world, to today's daily engagement in the Global War

on Terror.

We willingly accept the responsibility of continuing this great legacy and, by doing so, honor the Airmen, Soldiers, Sailors, Marines and Coast Guardsmen who came before us, and those who serve as our partners today. We are a more capable force because we stand on the shoulders of those who came before us.

As you observe Veteran's Day, please take a moment to recognize the contributions of our veterans, and commit yourself to meeting the challenges that await us.

I am proud to serve with you, and I thank you and your families for your dedication and sacrifice to our missions.

One person can make a difference in others' lives

By

Col. Frank Rechner
62nd Mission Support Group
commander

Greetings from the Central Command Deployment and Distribution Operations Center!

Recently I had the opportunity to travel through Afghanistan and experienced first-hand the awesome power of our airlift system. Our boss gave the go-ahead on a Saturday evening and Col. Steve Shope, 89th Airlift Wing vice commander at Andrews Air Force Base, Md., and I left Sunday morning aboard a C-17 Globemaster III crewed by the 15th Airlift Squadron and serviced by McChord Airmen from Kuwait.

At our first stop we met with logistics leaders in the 101st Airborne Division, the Joint Logistics Command, and the 455th Air Expeditionary Wing – all meetings and office calls were arranged by the combat support team commander in Afghanistan. The power of one person to positively impact others lives – key and critical as Operation Enduring Freedom comes more into prominence.

Another individual, Col. Ralph Haddock, worked the inter-theater airlift piece like a finely tuned fiddle, enabling us to travel to meet a senior U.S. representative in Kandahar. We left with no billeting, nor appointments to see him. Little did we all know that he was a former classmate of mine from the U.S. Army Command and General

Staff College.

When our flight landed and we walked into his office, he greeted me like a long lost friend – not too far a stretch, as we had not seen each other in more than 12 years. The team was prepared to sleep in the passenger terminal until the next day's flight to a forward operating base, but instead Colonel Haddock moved folks around and our four-person team was put in hard billets. Again, the power of one person to positively impact others' lives.

The caliber of our Airman at home station always impressed me; they simply excel in a deployed environment. Everywhere I went, people made it a point to tell me how professional and dedicated McChord's Airmen are; I saw that

firsthand.

I wish all of you a Happy Thanksgiving and an enjoyable holiday season and look forward to returning to McChord in January.

As the holidays approach, you do not need to be in a deployed environment to show the power of one. Look out for folks who seem withdrawn, melancholy and otherwise depressed during this time of year. Everyone has the ability to positively impact other people's lives – often without even knowing it – be the power of one.

The trip that inspired this article would not have been possible without Col. Joe Wiley from his seat as 385th Air Expeditionary Group commander, who approved our travel. Truly team McChord in action.

The Sharp Airman ...

... wears the physical training uniform correctly.

- A long-sleeve workout shirt will be on shelves soon.
- In the meantime, a long-sleeve shirt underneath the short-sleeve PT

uniform shirt is not authorized.

- When wearing the PT jacket, the PT shirt must be tucked in.
- Do not mix civilian items when participating in organized PT sessions.
- Bandanas are not authorized.
- Black or navy blue spandex only authorized for wear underneath PT shorts. Gray spandex are not authorized.

Professionals of the week

62nd Airlift Wing

Tech. Sgt. Kelly Sanderson

Duty title:

Noncommissioned officer in charge of wing operations plans

Duty section:

Wing operations plans

Hometown:

Atwater, Calif.

Why she's tops:

Tech. Sgt. Sanderson's primary duties include maintenance of operations plans, treaty compliance, the Gatekeeper program and foreign disclosure. She also serves as the Commander Senior Staff executive officer during contingency and exercise requirements. Sergeant Sanderson is an avid volunteer and has donated her time to the Light the Night for Leukemia Walk and Special Olympics. Her professional attitude has earned her an NCO of the Quarter nomination, as well as multiple letters of appreciation for her hard work.



Staff Sgt. Toby Housey

Duty title:

Equal opportunity technician

Duty section:

Equal opportunity

Hometown:

Estill, S.C.

Why he's super:

Sergeant Housey holds a CCAF degree in Human Resource Management, has a bachelor of science degree in Business Administration from the University of South Carolina and a dual master's degree from Webster University with concentrations in Human Resources Development as well as Management and Leadership. He walked for Leukemia and Lymphoma helping to raise \$130,000 for cancer research, is an active member of McChord's Focus 5-6 Club and serves as point of contact for both Carter Lake Elementary School Adopt-a-Class and the Combined Federal Campaign.



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McChord Airmen

AROUND
THE
WORLD

Courtesy photo



Southwest Asia — Airman 1st Class Naomi O'Brien, 62nd Force Support Squadron, takes a break during a recent deployment.

0-0-1-3

The medical standard is one drink for women or two drinks for men if a daily drinker.

For periodic drinking, the standard is to keep the blood alcohol level or blood alcohol content under 0.05.

- Use personal risk management
- Use situational awareness
- Use your wingman
- Use a friend



**0 Drinks under age 21
0 DUI's**

**Max 1 drink per hour
Max 3 drinks in one night**

DON'T DRINK AND DRIVE



Celebrating military families

By

Tyler Hemstreet
Staff writer

In celebration of military families, McChord hosts several free educational classes and seminars as part of the Month of the Military Family throughout November.

The month-long observance, with events planned at Air Force, Army, Navy and Marine Corps bases around the world and in communities nationwide, highlights the contributions and sacrifices military family members make every day.

The Airman and Family Readiness Center here hosts two brown bag “lunch and learn” classes Thursday through Nov. 20, focusing on tips to help become a better parent.

“Discipline and Beyond with Children” is the topic for Thursday and “Building Better Behaviors with Children 1-4” is Nov. 20. The classes run from 11:30 a.m. to 1 p.m. at the AFRC. Attendees are encouraged to bring their lunch, as the AFRC staff offers a snack only.

“The classes help parents feel more comfortable with their children,” said Ruthie Wisdom McMeans, 62nd Force Support Squadron, a community readiness consultant with the AFRC. “The more parents know about their children, the easier it is to be a better parent.”

In addition to AFRC staff, the base’s new Military Family Life Consultant, Donna Thompson, and Vicky Lunghofer, a new parent support program nurse with the 62nd Medical Operations Squadron, will teach the seminars.

“Each of the seminars can build on each other or stand alone when it comes to the presented material,” Ms. Wisdom McMeans

said.

The center will also host “Bundles for Babies” from 9 a.m. to noon Wednesday at the AFRC.

The three hour class is geared toward women in their second or third trimester of pregnancy or mothers of infants younger than six months. It discusses the costs of raising a child, important health topics such as dealing with stress and caring for babies, and provides information on other AFRC and Air Force Aid Society programs, Ms. Lunghofer said.

“Sometimes when it’s the first baby for parents new to the area who don’t have any family around, it can be tough,” she said. “We want to let them know that being a military parent is hard, and that there is always someone around who can help answer questions about what is and what isn’t normal [with their babies].”

The monthly activities close with a seminar entitled “Positive Ways to Handle Changes during a Deployment” from 9:30 to 10:30 a.m. and 2 to 3 p.m. Nov. 19 at the Escape Zone.

Those interested in signing up for any Month of the Military Family events are encouraged to call the AFRC at 982-2695 for more information.

Local Veteran's Day events:

City of Auburn 43rd Annual Veteran's Day Parade & Observance
One of the largest Veteran's Day Parades with typically close to 200 total entries, over 25 marching bands and nearly 6,000 parade participants.
Event starts at 11 a.m. on Nov. 8 on Main Street in Downtown Auburn.

McChord Air Force Association chapter and the Tacoma Historical Society Veteran's Day Ceremony
An Air Force stone and plaque will be dedication to recognize the service of all Airmen, as well as a Remembrance Bench for the current WWII Memorial at 2 p.m. on Nov. 11 at Tacoma's War Memorial Park on the southeast corner of Jackson Avenue and State Route 16.

Todd Beamer High School Third Annual Veteran's Day Commemoration
All veterans are invited to attend an assembly at 9:20 a.m. or 10 a.m. on Nov. 10 at the Federal Way high school. The program will discuss Veteran's Day, spotlight Veterans and include a POW/MIA presentation.

Veterans Day

HONORING ALL WHO SERVED
NOVEMBER 11

VIEW OTHER ART AND PHOTOS AT WWW.AF.MIL PRODUCED BY AIR FORCE NEWS AGENCY

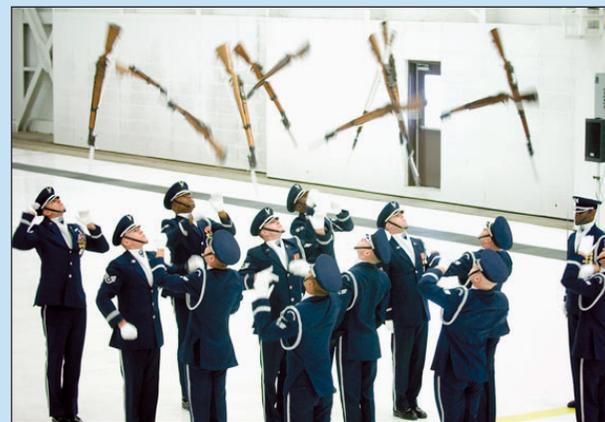
Month of the Military Family activities

Registration is required for each seminar or class. All classes and programs are taught at the Airman and Family Readiness Center unless otherwise noted. To sign up, call the AFRC at 982-2695.

- “Discipline and Beyond with Children” 11:30 a.m. to 1 p.m., Thursday
- “Building Better Behaviors with Children 1-4” 11:30 a.m. to 1 p.m., Nov. 20
- “Bundles for Babies” program, 9 a.m. to noon, Wednesday
- “Positive Ways to Handle Changes during a Deployment” 9:30 to 10:30 a.m. and 2 to 3 p.m., Nov. 19 at the Escape Zone



Integrity, service, excellence



Members perform a series of rifle maneuvers. The Air Force Honor Guard Drill Team is the travelling component of the USAF Honor Guard.

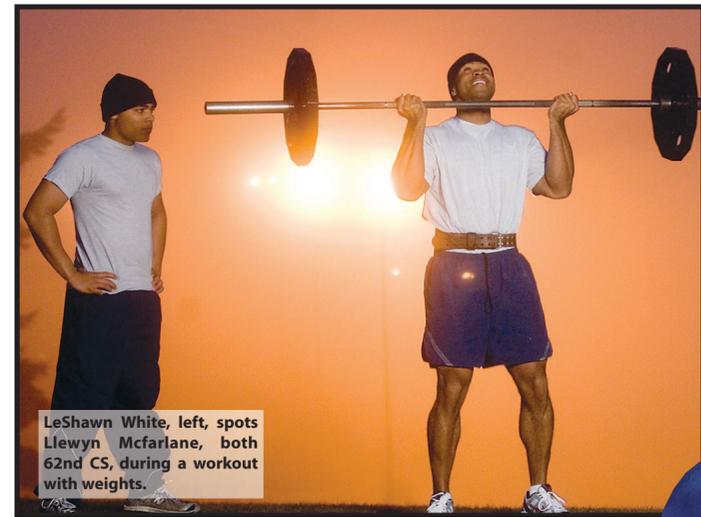


Members of the drill team make last minute adjustments to their uniforms prior to their demonstration.

Photos by Abner Guzman

Master Sgt. Steven West, United States Air Force Honor Guard Drill Team non-commissioned officer in charge, walks through a gauntlet of spinning M-1 rifles during a 12-person demonstration for McChord Airmen and their families Monday in Hangar 10.





LeShawn White, left, spots Llewyn Mcfarlane, both 62nd CS, during a workout with weights.

FALL FITNESS:

Hot tips for cool weather



Llewyn Mcfarlane, 62nd Communications Squadron, strength trains at the fitness center.

While cold temperatures and winter weather may complicate the workout schedule for some Airmen, there are still plenty of ways to keep in shape in the winter months.

Running is one of the most popular ways Airmen keep in shape, but when temperatures dip below 32 degrees, ice can adversely affect runners, said Mr. Patrick Conway, an exercise physiologist with the 62nd Medical Squadron. To combat the elements, Mr. Conway suggests Airmen take their workout inside and run on a treadmill set at a 2 percent grade.

"Wind sprints or jumping rope is also an excellent indoor activity for the winter months," he said.

Mr. Conway also recommends pumping iron. "Weight lifting is great — especially in winter," he said. "It will keep you lean and strong and keep the fat off."

Balancing some strength training with a 45 to 60 minute walk each day — even with the added holiday treats — is a combination that will help each Airman's fitness remain constant, Mr. Conway said.

If Airmen do choose to run or walk outside, drinking plenty of water is another important thing to remember when exercising during the winter months.

"When you're exercising outside in the winter, sometimes you just don't notice that you're getting dehydrated," Mr. Conway said.

Airmen should also allow a little more time for a longer warm-up, whether that entails a walk leading up to a slow jog, running, jumping jacks or push-ups for an indoor workout.

BY
Tyler Hemstreet
Staff Writer

"The same applies to a cool down. A routine should include the reverse of a warm-up," Mr. Conway said.

A cool down is also the best time to stretch muscles because they're already loose. For those who have asthma or high blood pressure, a longer warm-up may be required for aerobic activity or strength training.

"You may have to allow for more time according to age," Mr. Conway said.

As for maintaining proper nutrition during the winter months, stocking up on seasonal fruits and vegetables, getting in tune with one's body and choosing the right main dishes can have a positive effect on overall health and help control one's weight, said Ms. Chloe Tay, a dietician with the Health and Wellness Center and the 62nd Medical Operations Squadron.

Eating plenty of fruits such as apples and oranges, as well as other citrus fruits, is a good way to fight the snacking urges of other unhealthy snack foods, Ms. Tay said.

"It's a good bet to stick with fruits and vegetables that are in season because they're going to be more affordable," she said.

Broccoli and various squashes are also currently in season.

Spending more time indoors and reducing overall activity due to the weather can also bring on unneeded snacking habits, Ms. Tay said.

"Part of combating that is being in tune with your body and asking the question, 'Am I really hungry?'" she said. "It helps to pick up a hobby or something to keep your mind active and not thinking about food."

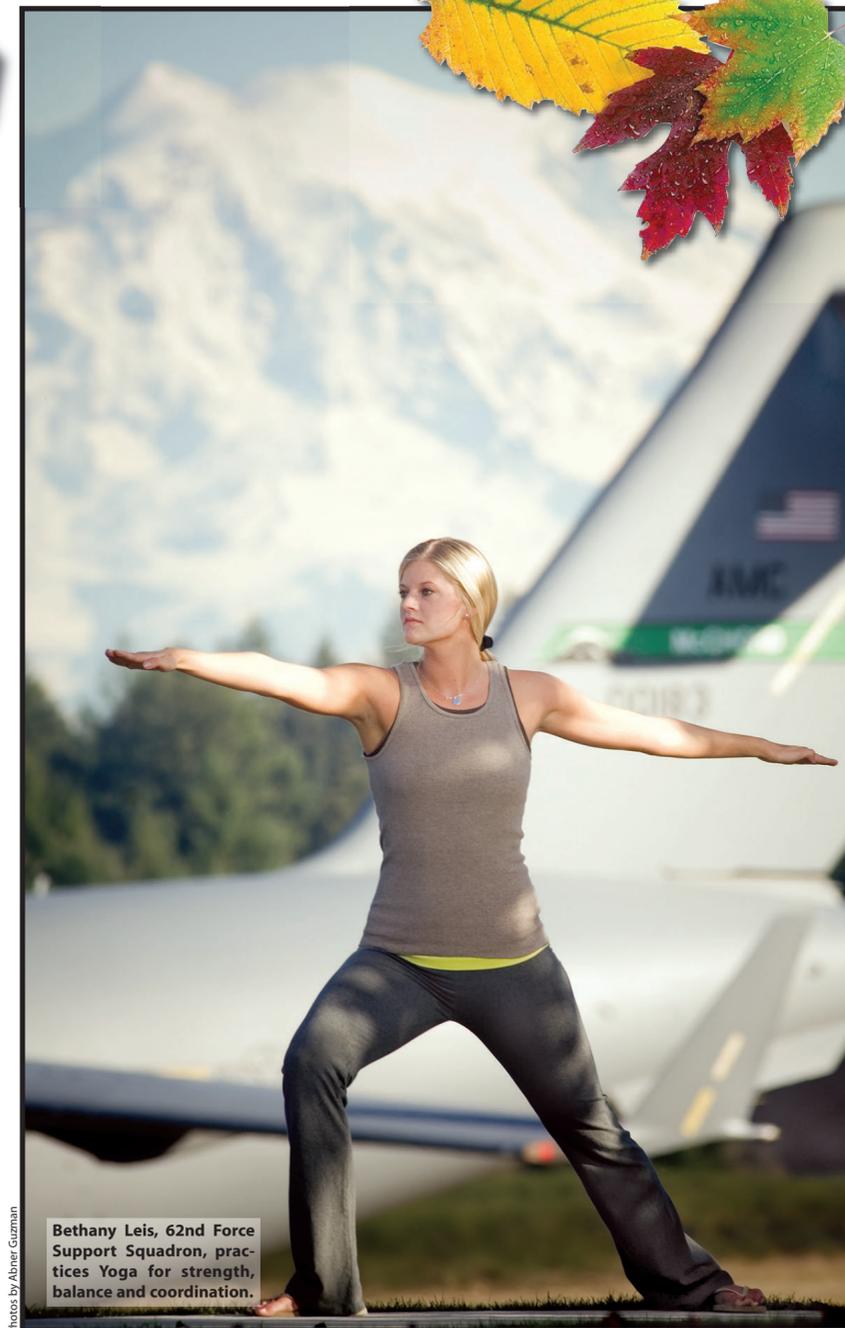
While some common winter comfort food (such as macaroni and cheese or pot roast) recipes can contain lots of fat and sodium, Ms. Tay said there are several Web sites that provide low fat substitute ingredient suggestions that are healthier.

Soups — other than creamy chowders or bisques — are also a warm and healthy alternative in winter, she said.

"The broth-based soups to which you can add plenty of vegetables or leftover meats are very filling and healthy," Ms. Tay said.



Llewyn Mcfarlane, 62nd CS plays a game of flag football.



Bethany Leis, 62nd Force Support Squadron, practices Yoga for strength, balance and coordination.



Bethany Leis, 62nd FSS and Llewyn Mcfarlane, 62nd CS, enjoy a game of basketball.

Photos by Abner Guzman

Be aware of controlled movement area

By
Tyler Hemstreet
Staff writer

With inclement weather conditions severely reducing flightline driving conditions and a high volume of traffic due to a high operations tempo, wing safety officials are reminding Airmen about the importance of demonstrating heightened awareness when conducting missions on the flightline's controlled movement area.

The area includes all of runway 16/34, taxiway Bravo located on the north end of the airfield and taxiway Echo on the south end of the airfield.

The clearly-marked area with

various entry points is not a free movement area, even if there are no aircraft near, said Master Sgt. David Collett, the 62nd Airlift Wing's flight safety office NCOIC.

"People should only be navigating the flightline if a job requires you out there and proper radio clearance is given from the tower," Sergeant Collett said. "Any operations in the controlled movement area need to be authorized by the tower, which ultimately has control of who is entering the area."

Proper navigation of the flightline — specifically the correct use of the entry control points, crossing areas and awareness of off-limits areas — is key to everything running safely and smoothly,

Sergeant Collett said.

"Unsafe and unauthorized entry into those areas can not only jeopardize the safety of the person, but also aircrews and maintainers," he said.

Recent incidents of Airmen violating flightline rules during physical training and Airmen new to McChord transiting the flightline improperly has brought the need to emphasize the role of unit safety representatives in ensuring adequate flightline safety awareness, said Sergeant Collett.

For those driving on the flightline, radio contact with the tower and knowing where the controlled movement areas begin and end is a must, said 1st Lt. Charles Jesse, the 62nd Operations

Support Squadron acting airfield operations flight commander.

"Everyone needs to know how important that area is. If they're in an unauthorized area without knowing it, there can be a domino effect with incoming aircraft and anything can happen," Lieutenant Jesse said.

All members qualified to drive in the controlled movement area must adhere to the rules from the flightline drivers license course.

For more information on the flightline rules or regulations, visit the 62nd Airlift Wing Share Point site at <https://62og.mcchord.af.mil/62oss/OSA/OSAA/Flightline%20Driving/Forms/AllItems.aspx>, or contact your unit safety representative.

Do you have a story idea? Spread the news in *The NW Airlifter*!
Call Public Affairs at 982-5637 or e-mail us at northwestairlifter@mcchord.af.mil



Airmen receive UCMJ actions in October

By

Capt. Lauren Fisher
62nd Airlift Wing Legal Office

The following individuals received nonjudicial punishment actions under Article 15 Uniform Code of Military Justice here in October.

■ An individual from the 62nd Aircraft Maintenance Squadron was charged with a violation of Article 92 – Failure to obey an order or regulation. The punishment imposed was a reduction in rank.

■ An individual from 62nd AMXS was charged with a violation of Article 112a – Wrongful use of a controlled substance. The punishment imposed was a reduction in rank and restriction to McChord for 14 days.

■ An individual from the 8th Airlift Squadron was charged with a violation of Article 92 – Dereliction of duty (Negligent). The punishment imposed was a reduction in rank, 20 days of extra duty with 10 days suspended, forfeitures of \$751 for two months suspended, and a reprimand.

■ An individual from the 62nd Medical Squadron was charged with a violation of Article

107 – False official statement and Article 132 – Frauds against the United States. The punishment imposed was a suspended reduction in rank and a reprimand.

■ An individual from the 62nd Force Support Squadron was charged with a violation of Article 107. False official statement and Article 92 – Dereliction of duty (Willful). The punishment imposed was a suspended reduction in rank, 14 days of extra duty and forfeitures of \$100 for one month.

■ An individual from the 62nd Aerial Port Squadron was charged with a violation of Article 123 – Forgery. The punishment imposed was a suspended reduction in rank, 15 days of extra duty and a reprimand.

■ An individual from the 62nd Security Forces Squadron was charged with one violation of Article 112 – Wrongful use of a controlled substance. The punishment imposed was a reduction in rank, 15 days of extra duty and a reprimand.

The following are results of courts-martials here in October.

■ An individual from the 62nd Logistics Readiness Squadron was court-martialed for the following charges with the following result:

One charge and one specification of Article

112a – Wrongful use of a controlled substance. The member was found not guilty.

One charge and one specification of Article 115 – Malingering. The member was found guilty.

Sentence: The member received two months confinement, a reduction to the grade of E-3 and forfeitures of \$1,193 per month for two months.

■ An individual from the 62nd FSS was court-martialed for the following charges with the following result:

One charge and one specification of a violation of Article 123 – Forgery. The member was found guilty.

One charge and six specifications of Article 121 – Larceny and wrongful appropriation. The member was found guilty of all specifications.

One charge and four specifications of Article 134 – False pretenses. The member was found guilty of all specifications.

One charge and one specification of Article 85 – Desertion. The member was found not guilty of offense, but guilty of lesser included offense of Absent Without Leave.

Sentencing: The member received nine months of confinement, reduction to the grade of E-1 and a Bad Conduct Discharge.



From AFF, Page 1

11 years, primarily as an air traffic controller. “Instead of having to hold airborne, aircraft will be able to land on another runway.”

When Sea-Tac officially opens the third runway, it won't be the first time Seattle tower controllers have “seen” what operations will look like. The civilian controllers have been training with McChord's control tower simulator, which creates a virtual airport environment complete with runways, aircraft and air space.

The idea to extend use of the simulator to Seattle tower controllers was developed this spring during a quarterly meeting with the Federal Aviation Administration, said Mr. Tom Quick, 62nd OSS. “They were discussing the difficulties of training for the third runway,” he said. “We proposed that our simulator might be an option. There were more meetings and we determined it was something we could do so details were worked out.”

Training at the simulator here

began Sept. 25, according to Ms. Isabel Cole, a senior Seattle tower controller.

Each class consists of three rated tower controllers who receive one day of classroom training at Sea-Tac, then spend two days here in the simulator. When the last class concludes Nov. 14, all 30 controllers will be certified for operations.

The decision to train here saved time and money, said Mr. Todd Thomas, FAA front line manager at Sea-Tac. An alternative sending controllers out of state to train would have cost more than \$75,000.

After training was approved, digital images from Sea-Tac were used to create the environment, the programming was updated, and voice recognition capability was added, said Mr. Quick. McChord air traffic controllers taught their Sea-Tac counterparts the basics of the Air Force system and how to conduct the scenarios.

“They're committed to making this work,” Mr. Quick said. “They've done a great job of utiliz-

ing the simulator to its full ability.”

Senior Airman Darren Firth, an air traffic controller with the 62nd OSS, said it was a great experience working with the FAA, and that he had been back to observe portions of their training.

“It's interesting to see how they operate,” he said. “They have three runways, we have one, but the fundamentals and phraseology are the same: cleared for takeoff, cleared for landing.”

The simulator allows Seattle tower controllers to run scenarios and transition through different tower and ground positions, using both IFR and Visual Flight Rules. While using the simulator, controllers have been fine-tuning and testing procedures that could affect airport traffic flow.

“Every day we're here and we run a class, we learn something new,” said Ms. Cole.

“We've maximized efficiency through using the simulator.” Ms. French said. “You can explain things away and move airplanes around on a map, but until you can visualize something, you don't

know how you will react.”

Sea-Tac will eventually have its own simulator, said Ms. French. “Most facilities want one when they see how valuable they are.”

“The McChord staff shared their tower simulator system – answering a tremendous need to simulate live traffic for our controller,” said Mr. Barry Davis, Sea-Tac acting air traffic manager. “It was also great that we were able to find the capability so close to Seattle allowing training to be completed faster and with significant costs savings to the FAA and the taxpayer.

“Our heartfelt thanks goes out to the McChord staff for their assistance, since we would not have been able to get the quality of training that was needed if we couldn't use their simulator,” he said.

“This success has once again spotlighted the national value of both McChord and its Airmen,” said Lt. Col. Robert Cook, 62nd OSS commander. “We had an opportunity to partner with the FAA on a major regional effort, and I'm very proud of the results.”



DoD plans for smooth transition to new administration

By

Jim Garamone
American Forces
Press Service

WASHINGTON (AFNS) — Defense Department officials here have made extensive plans for a smooth transition from the present administration to that of the president-elect, Pentagon spokesman Bryan Whitman said Tuesday.

Pentagon officials are ready to begin briefing a new president-elect's

transition team, Mr. Whitman said.

The transition between administrations comes when the United States is at war, the first time this has happened since 1969, when the administration of President Lyndon B. Johnson transitioned to that of President Richard M. Nixon in the midst of the Vietnam War.

Defense Secretary Robert M. Gates has launched early preparations to minimize disruptions as the administrations change, Mr. Whitman said. Secretary Gates has created a transition task force that will operate under

five guiding principles:

- Maintaining continuity of operations.
 - Assuring efficient and effective transition of outgoing leadership.
 - Assuring the efficient and effective in-processing of the incoming leaders.
 - Facilitating the transfer of information to the new administration.
 - Sustaining focus on existing programs and processes while allowing the incoming administration to focus on its governing processes.
- “One of the important components

of this is ensuring that we've identified and highlighted some of the key department events, actions (and) milestones that the new administration will face in its first 90 days,” Mr. Whitman said.

These include normal yearly actions such as the submission of the DOD budget in early February to other events that a new administration must work on immediately. “These are recurring or cyclic things that perhaps the new administration needs to be reminded of,” Mr. Whitman said.



McChord Energy Club

The McChord Energy Club meetings are 4:45 p.m. Nov. 13, Nov. 25, Dec. 11 and Dec. 23 in the Wing conference room, Bldg. 100. All are welcome to attend. For more information, e-mail energy.club@mcchord.af.mil.

HAWC offices relocating

The base Health and Wellness Center closes today and Monday while it relocates from the fitness center annex to inside the McChord Clinic. The HAWC classrooms and the base exercise physiologist's office remain in the annex, while other HAWC administrative offices move to the clinic.

OSC social

The Officers Spouses Club social is 6 to 9 p.m. Tuesday at the McChord Clubs and Community Center. The social features regional wine tasting and hors d'oeuvres. Contact Heidi Tucker today to sign up at tuckerzoo3@comcast.net.

Law enforcement desk relocating

The 62nd Security Forces Squadron is relocating the Law Enforcement desk Thursday to Bldg. 1305 during renovation of Bldg. 7.

Phone numbers will remain the same. For assistance call 982-5625 or 982-5624. For emergencies call 911 or the crime stop line at 982-5777.

Wing blood drive

The Wing blood drive is 9 a.m. to 4 p.m. Nov. 14 in the 446th Aeromedical Squadron, Bldg. 691.

Clinic closed Nov. 18

The McChord Clinic closes Nov. 18 instead of its usual second Tuesday of the month, due to Veteran's Day.

New hours at McChord Clinic

The McChord Clinic doors now open at 7:20 a.m. instead of 7 a.m. The change is for safety reasons to ensure that there are an adequate number of staff present to assist patients. Pharmacy windows continue to open up for patients at 7:30 a.m. and close at 5 p.m.

MPF customer service hours

Customer service hours for all military personnel flight services have changed. The new hours are 9 a.m. to 4:30 p.m. weekdays. Services are available 7:30 to 9 a.m. for appointments and emergencies only.

Customer service new hours

Customer service hours for passports and in-processing have changed. Passports are from 9 a.m. to 3:30 p.m. for walk-ins and 3:30 to 4 p.m. for appointments and emergencies only. In-processing is now 9 a.m. to noon for walk-ins and 7:30 to 9 a.m. and 1 to 4 p.m. for appointments and emergencies only. Hours for all other services remain the same.

Thrift Shop temporary closure

The Thrift Shop is closed for business through Jan 2 as they hire and train a bookkeeper. Consignment checks may be picked-up Nov. 18-20, 9:30 a.m. to 2 p.m. and customers may withdraw items at no fee. Checks not picked up by Nov. 20 will be mailed out. Existing contracts will be adjusted to reflect the full 8 weeks of entitled consignment. Call Gwen Hershman at (253) 686-4823 for more information.



McChord Chaplain Corps Faith & Worship Programs

For more information on Chapel services and programs, please call 982-5556.

To contact Duty Chaplain after duty hours, contact the Command Post at 982-2635

<p>CATHOLIC SERVICES and RELIGIOUS EDUCATION: All Catholic services are in chapel two.</p> <p>Saturday: 4 p.m. Confession: Chapel 2, Bldg. 181 5 p.m. Mass: Chapel 2, Bldg. 181</p> <p>Sunday: 9:30 a.m. Mass: Chapel 2, Bldg. 181 11 a.m. Mass: Chapel 2, Bldg. 181 12:30 p.m. Why Catholic? Small Group Study: Chapel Support Center, Bldg. 746</p> <p>Monday: 12:00 p.m. Why Catholic? Small Group Study: Chapel Support Center, Bldg. 746</p>	<p>Wednesday: 6:30 p.m. Faith Formation: 1st, 2nd & 3rd Wednesday of the month: Chapel Support Center, Bldg. 746 6:30 p.m. Why Catholic? Small Group Study: Chapel Support Center, Bldg. 746</p> <p>PROTESTANT SERVICES and RELIGIOUS EDUCATION: Sunday: 8:30 a.m. Liturgical Worship: Chapel 1, Bldg. 180 9:45 a.m. Sunday School: Chapel Support Center, Bldg. 746 11 a.m. Traditional Worship: Chapel 1, Bldg. 180 11 a.m. Contemporary Worship: Chapel Support Center, Bldg. 746</p>	<p>JEWISH SERVICES: Friday: 6 p.m. Every 1st, 3rd & 5th Friday of the month: Ft Lewis, Chapel 5, Bldg. T-2270</p> <p>OTHER PROGRAMS: The following Chapel programs take place at the Chapel Support Center, Bldg. 746. Tuesday: 9:30 a.m. Mothers of Preschoolers (MOPS); 2nd & 4th Tuesday of the month 6 p.m. Mothers of Preschoolers (MOPS) Bible Study; 1st, 3rd & 5th Tuesday of the month Wednesday: 11 a.m. Adult Bible Study</p>
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