

## Department of Defense Self-Service

DS Logon Username

DS Logon Password

[Forgot DS Logon Username?](#)

[Forgot DS Logon Password?](#)

Login

## Common Access Card



Login

## Defense Finance and Accounting Service

MyPay Login Id

MyPay Password

[Forgot DFAS MyPay Login Id?](#)

[Forgot DFAS MyPay Password?](#)

Login

### For More Information

Sign up to receive TOL News and Events Emails  
<https://public.govdelivery.com/accounts/USMHS DHSS/subscriber/new>

TOL Customer Service  
Available 24/7/365  
1 (800) 600 9332

OCONUS Telephone  
Numbers located at "Contact Us"

### Why do I need DoD credentials to access TOL?

CAC, DS Logon, or DFAS myPay credentials are used to validate that you are an eligible TRICARE patient and to ensure the security of your personal health data.

### What is TOL? Why would I want to access TOL?

TOL is the Department of Defense's online patient portal. TOL provides Military Health System patients, who receive care at a military hospital or clinic, convenient online access to appointing, prescription refill, Blue Button personal health data and other health care information and services.

### Who is eligible for DoD credentials?

If you are a TRICARE patient, at least 18 years old, and receive care at a military hospital or clinic, you are eligible for DoD credentials.

### What types of DoD credentials can I use to access TOL?

- Premium DoD Self-Service Logon (DS Logon)
- DoD Common Access Card (CAC)
- Defense Finance and Accounting Services (DFAS) myPay



## How do I log in to TOL using a DS Logon credentials?

1. Go to [www.tricareonline.com](http://www.tricareonline.com) and click the “**Login**” button.
2. Enter your DS Logon username and password, and click the “**Login**” button.

If you would like to obtain or learn more about DS Logon, please visit the DS Logon Self-Service website located at:

<https://myaccess.dmdc.osd.mil/identitymanagement/help.do>

## How do I log in to TOL using a DoD CAC credentials?

1. Go to [www.tricareonline.com](http://www.tricareonline.com) and click the “**Login**” button.
2. Ensure your CAC is in the reader and click the “**Login**” button.

If you have questions or would like more information about DoD CAC, please visit the CAC website located at:

<http://www.cac.mil/>

## How do I log in to TOL using a DFAS myPay credentials?

1. Go to [www.tricareonline.com](http://www.tricareonline.com) and click the “**Login**” button.
2. Enter your myPay Login ID and myPay password, and click the “**Login**” button.

If you have questions or would like more information about DFAS myPay, please visit the DFAS myPay website located at:

<https://mypay.dfas.mil/mypay.aspx>

The screenshot shows the TRICARE Online login page. At the top, it says "Access TRICARE Online using DS Logon, CAC, or DFAS MyPay Pin Login below". There are three main sections: "DS LOGON", "CAC", and "DFAS myPay PIN". The "DS LOGON" section is highlighted with a red box. It includes fields for "DS Logon Username" and "DS Logon Password", and a "Login" button. Below the login fields, there are links for "Forgot DS Logon Username?" and "Forgot DS Logon Password?". To the right of the "DS LOGON" section, there are links for "Need a DS LOGON?", "Have a DS LOGON activation letter?", "Need to upgrade your DS LOGON?", and "Need to manage your logon profile settings?".

The screenshot shows the TRICARE Online login page. At the top, it says "Access TRICARE Online using DS Logon, CAC, or DFAS MyPay Pin Login below". There are three main sections: "DS LOGON", "CAC", and "DFAS myPay PIN". The "CAC" section is highlighted with a red box. It includes a "Common Access Card" image and a "Login" button. Below the login fields, there are links for "Forgot DS Logon Username?" and "Forgot DS Logon Password?". To the right of the "CAC" section, there are links for "Need a DS LOGON?", "Have a DS LOGON activation letter?", "Need to upgrade your DS LOGON?", and "Need to manage your logon profile settings?".

The screenshot shows the TRICARE Online login page. At the top, it says "Access TRICARE Online using DS Logon, CAC, or DFAS MyPay Pin Login below". There are three main sections: "DS LOGON", "CAC", and "DFAS myPay PIN". The "DFAS myPay PIN" section is highlighted with a red box. It includes fields for "MyPay Login ID" and "MyPay Password", and a "Login" button. Below the login fields, there are links for "Forgot DFAS MyPay Login ID?" and "Forgot DFAS MyPay Password?". To the right of the "DFAS myPay PIN" section, there are links for "Need a DS LOGON?", "Have a DS LOGON activation letter?", "Need to upgrade your DS LOGON?", and "Need to manage your logon profile settings?".